

Vivo Peligrosamente

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lee Crooks (UK) & Glad Jackson (UK)
音樂: It's Like That - Run-DMC



HIP BUMPS MOVING FORWARD

1-2 Step right foot slightly forward while bumping hips to right side twice
3-4 Step left foot slightly forward while bumping hips to left side twice
5-8 Repeat steps 1- 4

HEEL GRIND WITH ¼ TURN RIGHT, COASTER STEP, TOE TOUCHES WITH ¼ TURN RIGHT & HAND CLAPS

9 Grind right heel to right side making ¼ turn right
10 Step on to left foot
11&12 Step back right, step left beside right, step forward right
13-14 Touch left toe out to left side, touch left toe in front of right
15&16 Pivot ¼ turn right, clap hands together twice

TWO TRIPLE STEPS MAKING A FULL TURN LEFT, VINE RIGHT WITH ¼ TURN

17&18 Triple step- right, left, right. Turning ½ turn left
19&20 Triple step- left, right, left. Turning ½ turn left
21-24 Step right foot to right side, step left behind right, step right foot ¼ turn right, step left beside right

RIGHT HEEL HOOK, RIGHT SHUFFLE FORWARD, TWO HITCH ¼ TURNS, LEFT SHUFFLE FORWARD

25-26 Touch right heel forward, hook right heel across left shin
27&28 Step forward right, step left beside right, step forward right
29& Touch left toe out to left side, hitch left knee making ¼ turn right
30& Touch left toe out to left side, hitch left knee making ¼ turn right
31&32 Step forward left, step right beside left, step forward left

ROCK STEPS, CHASSE RIGHT WITH ¼ TURN RIGHT, STOMP, HEAD TURN, PIVOT, STOMP WITH HAND CLAPS

33& Rock right foot to right side, rock back on to left foot
34&35 Step right to right side, step left beside right, step right foot ¼ turn right
36-37 Stomp left foot beside right, turn head sharply over right shoulder
38-39 On balls of both feet twist ¼ turn right, stomp left beside right
&40 Clap hands together twice

MODIFIED JAZZ BOX- RIGHT & LEFT, FULL TURN LEFT, STEPS OUT & IN

41&42 Cross right foot over left, step back left, step right foot out to right side
43&44 Cross left foot over right, step back right, step left foot out to left side
45-46 On ball of left foot pivot ½ turn left stepping back on right, on ball of right foot pivot ½ turn left stepping left foot forward
&47 Step right foot to right side, step left foot to left side
&48 Step right foot to center, step left foot to center

REPEAT