

Viva Scotia

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Glennys Croston (UK)
音樂: Viva Scotia - The BordererS



HEEL HOOK SHUFFLE HEEL HOOK SHUFFLE

1-2 Touch right heel forward, hook right heel in front of left knee
3&4 Step forward on right, bring left to right, step forward on right
5-6 Touch left heel forward, hook left heel in front of right knee
7&8 Step forward on left, bring right to left, step forward on left

ROCK RECOVER ½ TRIPLE TURN RIGHT HEEL HOOK SHUFFLE

9-10 Rock forward on right, recover on left
11&12 Making ½ turn right on right, left, right
13-14 Touch left heel forward, hook left heel in front of right knee
15&16 Step forward on left, bring right to left, step forward on left

HEEL HOOK SHUFFLE ROCK FORWARD RECOVER ½ TRIPLE TURN LEFT

17-18 Touch right heel forward, hook right in front of left knee
19&20 Step forward on right, bring left to right, step forward on right
21-22 Rock forward on left, recover on right
23&24 Making ½ turn left on left, right, left

RIGHT CHASSE ROCK BACK RECOVER LEFT CHASSE ROCK BACK RECOVER

25&26 Step right to side, bring left to right, step right to side
27-28 Rock back on left behind right, recover on left
29&30 Step left to side, bring right to left, step left to side
31-32 Rock back on right behind left, recover on left

¼ TURN RIGHT SHUFFLE STEP ½ TURN RIGHT LEFT SHUFFLE FORWARD, WALK FORWARD RIGHT LEFT

33&34 Making ¼ turn right shuffle forward on right, left, right
35-36 Step forward on left, make ½ turn right
37&38 Step forward on left, bring right to left, step forward on left
39-40 Walk forward on right, left

HEEL HOLD & HEEL HOLD SIDE HOLD & SIDE HOLD &

1-2& Touch right heel forward, hold, bring right beside left
3-4& Touch left heel forward, hold, bring left beside right
5-6& Touch right toe to side, hold, bring right beside left
7-8& Touch left toe to side, hold, bring left beside right

REPEAT