

Velvet Virgin

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Henry Costa (USA)
音樂: Velvet Rope - Janet Jackson



RIGHT VINE 45 DEGREE, TOUCH; LEFT VINE 45 DEGREE, TOUCH

- 1-4 Step forward right 45 degree angle, left cross step behind right, right step to side right, left touch beside right
5-8 Step forward left 45 degree angle, right cross step behind left, left step to side left, right touch beside left

RIGHT VINE 45 DEGREE, TOUCH; LEFT VINE 45 DEGREE, TOUCH

- 1-4 Step forward right 45 degree angle, left cross step behind right, right step to side right, left touch beside right
5-8 Step forward left 45 degree angle, right cross step behind left, left step to side left, right touch beside left

STEP FORWARD, TOUCH; STEP BACK, TOUCH; ¼ STEP RIGHT, TOUCH; ¼ STEP LEFT, TOUCH

- 1-4 Step forward right, left touch beside right, step back left, right touch beside left
5-8 Turn back ¼ turn step right, left touch beside right, ¼ turn step left, right touch beside left

RIGHT SLIDE FORWARD, STEP BACK LEFT, RIGHT SLIDE BACK, SLIDE LEFT, RIGHT SLIDE FORWARD ROCK, LEFT ROCK BACK, RIGHT CROSS BEHIND UNWIND, STEP FORWARD, TOUCH

- 1-2 Right foot slide in front of left (twist waist to right), step back left (turn out heel)
3&4 Right foot slide back, slide left next to right, right foot slide forward rock
5-6 Left foot rock back, right cross behind left (unwind ½ turn to right)
7-8 Left step forward, right touch beside left

STEP FORWARD, DROP DOWN, TWIST LEFT, TWIST RIGHT, STEP FORWARD, DROP DOWN, TWIST RIGHT, TWIST LEFT

- 1-2 Step forward right, drop down (squat down right, left knee bent)
3-4 Twist left (¼ turn), twist right (¼ turn) (lifting up from squat, ending facing forward)
Optional: Replace squat (1: don't squat down, 2: hold standing straight, 3-4: ¼ twist standing straight up)
5-6 Step forward left past right, drop down (squat down left, right knee bent)
7-8 Twist right (¼ turn), twist left (¼ turn) (lifting up from squat, ending facing forward)
Optional: Replace squat (5: don't squat down, 6: hold standing straight, 7-8: ¼ twist standing straight up)

STEP FORWARD 45 DEGREE, TOUCH; STEP FORWARD 45 DEGREE, TOUCH; STEP FORWARD 45 DEGREE, TOUCH; STEP FORWARD 45 DEGREE TOUCH

- 1-2 Step forward right 45 degree angle, touch left next to right
Arms: left arm cross in front pointing out right, right arm straight out right, snap fingers with both hands
3-4 Step forward left 45 degree angle, touch right next to left
Arms: right arm cross in front pointing out left, left arm straight out left, snap fingers with both hands
5-6 Step forward right 45 degree angle, touch left next to left
Arms: left arm cross in front pointing out right, right arm straight out right, snap fingers with both hands
7-8 Step forward left 45 degree angle, touch right next to left
Arms: right arm cross in front pointing out left, left arm straight out left, snap fingers with both hands

ROCK FORWARD RIGHT, ROCK BACK LEFT, COASTER STEP, ¼ PIVOT, ¼ PIVOT

- 1-2 Step forward right, step left in place
3&4 Step back right, step left beside right, step right forward
5-6 Point left toe forward, pivot ¼ turn to right
7-8 Point left toe forward, pivot ¼ turn to right

SWAY LEFT, SWAY RIGHT, SWAY LEFT, TOUCH, HOLD

1-2 Sway hip to left (weight left foot, heel up on right foot)

Arms: both arms sway to left, palms of hands facing down

3-4 Sway hip to right (weight right foot, heel up on left foot)

Arms: both arms sway to right, palms of hands facing down

5-6 Sway hip to left (weight left foot, heel up on right foot)

Arms: both arms sway to right, palms of hands facing down

7-8 Slide right foot next to left touch, hold

REPEAT
