

Velocity

COPPER KNOB
BY STEPHENETS

拍數: 68 牆數: 4 級數:
編舞者: Masters In Line (UK)
音樂: Be My Baby Tonight - Sammy Sands



SAILOR STEPS, KICK BALL STEPS TO SIDE

1&2 Cross right foot behind left, step left to left side, step right to right side
3&4 Cross left foot behind right, step right to right side, step left to left side
5&6 Kick right foot to left diagonal, step right next to left, step left to left side
7&8 Kick right foot to left diagonal, step right next to left, step left to left side

CROSS ROCK, ¼ TURN, STEP ¾ TURN, SLIDE RIGHT, LEFT KICK BALL CROSS

1-2 Cross rock right foot over left, recover weight onto left
3-4 Make ¼ turn right on ball of left stepping forward onto right, make ½ turn right stepping back on left
5-6 Make ¼ turn right step right foot big step to right, slide left foot towards right
7&8 Kick left foot to left diagonal, step left foot in place, cross right over left

¼ TURN, ¼ TURN TOUCH, ¼ TURN TOUCH, TOUCH ACROSS SIDE, TOE SWITCHES, KICK BALL STEP

1-2 Make ¼ turn left stepping forward on left, make ¼ turn left on ball on left touching right to right side
3-4 Make ¼ turn left on ball on left touching right to right side, touch right toe across in front of left
5&6 Touch right to right side, step right foot next to left, touch left to left side
&7 Step left foot next to right, touch right to right side
8&1 Kick right foot to left diagonal, step right next to left, step left to left side

RIGHT JAZZ BOX, CROSS UNWIND FULL TURN, RIGHT SIDE CHASSE

2-3 Cross right foot over left, step back on left
4 Step right to right side
5-6 Cross left foot over right, unwind full turn right on ball of left foot
7&8 Step right to right side, step left next to right, step right to right side

CROSS ROCK, ¼ LEFT SHUFFLE, ½ RIGHT SHUFFLE, BACK KICK BALL CHANGE

1-2 Cross rock left foot over right, recover weight onto right foot
3&4 Make ¼ turn left stepping forward onto left foot, step right next to left, step forward on left
5&6 Make ½ turn left stepping back onto right foot, step left next to right, step back on right
7&8 Kick left foot back and low to ground, step in place with left foot (slightly back) step right in place

TOE HEEL SWIVELS, JAZZ BOX

1-2 Touch left toe next to right as right heel swivels to left, touch left heel to left diagonal as right heel swivels to right
3 Cross left foot over right as right heel swivels to left
4-5 Touch right toe next to left as left heel swivels to right, touch right heel to right diagonal as left heel swivels to left
6 Cross right foot over left as left heel swivels to right
7-8 Step back on left, step right to right side

HEEL DROPS WITH KNEES, TWIST ¼, TWIST ½, ROCK FORWARD, ½ TURN SHUFFLE

&1 Rise up onto balls of both feet as you pop both knees forward, drop heels back to floor and knees straight

- &2 Rise up onto balls of both feet as you pop both knees forward, drop heels back to floor and knees straight
- 3-4 Twist both heels to left as you turn $\frac{1}{4}$ turn to right, twist both heels to right as you turn $\frac{1}{2}$ turn to left
- 5-6 Rock forward onto right, recover weight onto left
- 7&8 Make $\frac{1}{2}$ turn right as you step forward on right, step left next to right, step forward on right

TOUCH SCOOT STEP WITH $\frac{1}{2}$ TURN, ROCK BACK, SKATES FORWARD, 2 PIVOT TURNS

- 1 Make $\frac{1}{4}$ turn right touching ball of left behind right heel
- &2 Make $\frac{1}{4}$ turn right lifting left and scooting back on right, step back on left
- 3-4 Rock back on right foot, recover weight onto left
- 5-6 Skate right to right to right diagonal, skate left to left diagonal
- 7-8 Skate right to right to right diagonal, skate left to left diagonal
- On counts 5-8, the skates are done with a swiveling action on balls of feet**
- 9-10 Step forward on right, pivot $\frac{1}{2}$ turn left (weight ends left)
- 11-12 Step forward on right, pivot $\frac{1}{2}$ turn left (weight ends left)

REPEAT
