

Va Va Voom!!

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Eye Candy - Mis-Teeq



Start as you hear the sound that's like a fast car!

KICK BALL STEP, ¼ TURN RIGHT TWICE, BEHIND & CROSS, HITCH & HEEL

1&2 Kick left foot forward, step on ball of left, step forward right
3-4 Pivot ¼ turn right point left to left side, - repeat for count 4
5&6 Step left behind right, step on ball of right, cross left over right
7&8 Hitch right knee to right diagonal, step onto right, touch left heel forward

On count 8 you need to be bent at waist - upper body leaning forward with your bottom pushed out

LEFT CHASSE, ¼ TURN RIGHT TWICE, WEAVE & TOUCH, STEP ¼ STEP SIDE

1&2 Step left to left side, close right next to left, step left to left side
3-4 Step forward right as you ¼ turn right, step back on left as you ¼ turn right
5&6 Step right foot behind left, step left to left side, touch right next to left
7-8 Step forward right as you ¼ to right, step left to left side

CIRCLE UPPER BODY, REPLACE KICK, CROSS POINT, RIGHT SHUFFLE, TOUCH LEFT FORWARD, TOUCH LEFT BACK

1&2 Bent at waist make a full circle with upper body from right to left (hands on knees), step on ball of right(&), kick left foot to left side
3-4 Cross left over right, point right to right side
5&6 Step forward right, close left next to right, step forward right
7-8 Touch left forward, touch left back

STEP SCUFF HITCH CROSS, POINT & POINT, STEP ½ TURN, WALK WALK

1-2& Step forward left, scuff, hitch right, cross right over left(&)
3&4 Point left to left side, step left in place, point right to right side
5-6 Step forward right, pivot ½ turn right on ball of right as you raise left leg bent at knee
7-8 Walk forward left, right

ROCK & CROSS TWICE, WALK ROUND FULL CIRCLE, TOUCH BUMP

1&2 Rock left to left side, recover onto right, cross left over right
3&4 Repeat above leading with the right
5-6 Step forward left as you ¼ turn left, step forward right as you ¼ turn left
7-8 Step forward left as you ¼ turn left, pivot ¼ turn left to complete a full circle touching right next to left and bumping hips to right at the same time

KICK & POINT TWICE, ROLLING VINE RIGHT, TOUCH

1&2 Kick right foot forward, step on right, point left to left side
3&4 Repeat above leading with the left
5-6-7-8 Make full turn traveling right stepping right, left, right, touch left next to right

REPEAT

BIG FINISH

You'll be on section 4, count 8 (facing 3:00 wall). Sweep left around ¾ turn right back to home wall, crouching as you go.

