

Us 2

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Tina Lincoln (UK)
音樂: Making Memories of Us - Keith Urban



STEP RIGHT, LEFT BESIDE, SIDE TOGETHER ¼, STEP LEFT FORWARD PIVOT ½ TURN, LEFT SHUFFLE

1-2- Step right, step left beside right
3&4 Step right, step left beside right, step right making ¼ turn right
5-6- Step left foot forward pivot ½ turn right
7&8 Left shuffle forward

FULL TURN, RIGHT SHUFFLE, ROCK LEFT, COASTER STEP

9-10- Step forward on right making ½ turn left, step back on left making ½ turn left, (full turn going forward)
11&12 Right shuffle forward
13-14 Rock left foot to left side, rock back onto right foot
15&16 Step left foot back, step right foot beside left, step left foot forward

STEP RIGHT, LEFT BESIDE, SIDE TOGETHER ¼, STEP LEFT FORWARD PIVOT ½ TURN, LEFT SHUFFLE

17-18 Step right, step left foot beside right
19&20 Step right, step left foot beside right, step right making ¼ turn right
21-22 Step left foot forward pivot ½ turn right
23&24 Left shuffle forward

FULL TURN, RIGHT SHUFFLE, ROCK LEFT, COASTER STEP

25-26 Step forward on right making ½ turn left, step back on left making ½ turn left (full turn going forward)
27&28 Right shuffle forward
29-30 Rock left foot to left side, rock back onto right foot
31&32 Step left foot back, step right foot beside left, step left foot forward

STEP RIGHT, HOLD, STEP RIGHT ¼, HOLD. STEP LEFT FORWARD, PIVOT ½ TURN, LEFT SHUFFLE FORWARD

33-34 Step right, hold
&35-36 And step right ¼ turn, hold
37-38 Step left foot forward, pivot ½ turn right
39&40 Left shuffle forward

SWEEP FOOT FORWARD, STEP DOWN X 4

41-42 Sweep right foot round stepping on right toe, then place heel down
43-44 Sweep left foot round stepping on left toe, then place heel down
45-46 Sweep right foot round stepping on right toe, then place heel down
47-48 Sweep left foot round stepping on left toe, then place heel down

On steps 41-48 you can make four slow ½ turns going forward

ROCK RIGHT FOOT FORWARD, COASTER STEP, ROCK LEFT FORWARD, COASTER STEP

49-50 Rock right foot forward, rock back onto left foot
51&52 Step back on right foot, step left beside right, step right foot forward
53-54 Rock forward on left foot, rock back onto right foot
55&56 Step left foot back, step right beside left, step left foot forward

ROCK RIGHT FOOT TO SIDE, SAILOR STEP, ROCK LEFT FOOT TO SIDE, ¼ SAILOR STEP RIGHT

57-58 Rock right foot to the side, rock back onto left foot

59&60 Step right foot behind left foot, step left foot beside right, step right foot forward

61-62 Rock left foot to left side, rock back onto right foot

63&64 Step left foot behind right. Step ¼ turn right on right, step left beside right

REPEAT
