

Urban Style Pt 2

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate/Advanced
編舞者: Kash Bane (UK)
音樂: The Call - Backstreet Boys



Can be it's own separate dance or incorporated into the urban style series as one large dance. This is part 2 of the series

ARM SWEEPS, POSE, FLOOR TOUCH, KICK, HOOK, $\frac{3}{4}$ SPIRAL, POINT AND CLAP

- 1-2 Step to right on right foot and bending knees sweep your right arm from left side out to right side, sweep right arm back to left hand side
- 3-4 Do a $\frac{1}{4}$ turn left on ball of left foot and hitch right knee (place left hand at waist in a claw like fashion, and place right hand at face height also in claw motion as if posing like a tiger), step down on right and bend knees so you can touch your right hand on the floor to right side and left hand on the floor to left side
- 5-6 Standing, kick left foot forward, hook left foot at right knee
- 7-8 Step down on left foot and make a $\frac{3}{4}$ turn over left shoulder on ball of left while swinging right hand over head like a lasso and hitching right knee, point right toe to right side and clap hands at left knee

SLIDE, STEP, CROSS, STEP, CROSS HITCH WITH ARMS, BOUNCE, OPEN HITCH WITH ARMS, CROSS, $\frac{3}{4}$ POINT WITH HAND POINT

- 1-2 Take a large step to right on right foot, slide left foot towards right
- &3-4 Step left foot next to right, cross right over left, step left to left side
- 5&6 Hitch right knee across left (place hands behind head and bring elbows in towards face, bounce on left foot slightly, open up the hitch by pushing knee to left side and open up elbows so they point out to each side)
- 7&8 Cross right foot over left, unwind $\frac{3}{4}$ over left shoulder, point left toe to left side and point right hand down as if pointing at left knee

STEP, CROSS WITH ROLL-UPS, CHEST POP, STEP WITH CROSS SWINGS, $\frac{1}{4}$ SWEEP, KICK OUT OUT

- &1&2 Step down on left foot, cross right foot over left while rolling arms up so fists are beside the head with hands closed and wrists arcing outward, push chest inward, pop out
- 3-4 Step left foot to left side, and swing arms so left crosses over right at waist level, throw arms down at sides
- 5&6 Reach right arm to right side, swing arm round making a $\frac{1}{4}$ turn right, hand finishes in front of body
- 7&8 Kick right foot out, step right foot to right side, step left foot to left side

LEAN WITH ARMS, WRAP DOWN, ELVIS ROLLS WITH $\frac{1}{4}$ FLICK, RONDE CROSS, STEP, $\frac{1}{4}$ TURN WITH SHOULDER SHRUGS

- 1 Lean upper body back and push both hands up towards ceiling
- 2 Straightening body, pull arms down and behind head
- 3&4 Roll right knee in towards left leg, roll left knee in towards right leg, do a $\frac{1}{4}$ turn left and flick right leg backwards, (release hands from behind head at count 4)
- 5&6 Ronde right foot from the flick round and cross over left, step to left on left foot
- 7&8 Do a $\frac{1}{4}$ turn left on balls of both feet by shrugging shoulder three times

$\frac{1}{2}$ TURN, $\frac{3}{4}$ TURN, SKATES, STEPS WITH ARMS

- 1-2 Get low and swing body down and round making a semi circle motion, as you do this make a $\frac{1}{2}$ turn over right shoulder on balls of both feet
- 3-4 Cross right over left, unwind $\frac{3}{4}$
- 5-6 Skate forward on right, then left

7-8 Step forward on right and roll arms in front of body, hop onto left foot and holding left arm in front of waist, punch right arm behind it so the left is crossed in front of right

KNEE POP WITH ARMS, ELBOW TURN, UPPER BODY ROLL, GRAB, THROW DOWN, ¼ TWIST TURN

- 1 Pop both knees out and place both arms in front of body with palms facing outwards
- 2 On ball of left foot make a ¼ turn right and swing right elbow to right side, (right foot will be pointed at front)
- 3-4 Body roll down body from shoulders to upper thighs
- 5 Reach right arm up to left corner as if grabbing something
- 6 Make a ¼ turn left on balls of feet and squat down throwing arm to floor as if you dragged the object down
- 7&8 As you rise, twist upper body left, right left making a ¼ turn left

Close fists and bend elbows so your knuckles join in front of body

REPEAT
