

Urban Grace

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mark Cook (UK)
音樂: But for the Grace of God - Keith Urban



½ PIVOT TURN, SHUFFLE, ROCK, COASTER

1-2 Step forward on left, pivot ½ turn over right shoulder
3&4 Shuffle forward left, right, left
5-6 Rock forward onto right, rock back onto left
7&8 Step back on right, step left next to right, step forward on right

2 X KICKBALL STEPS, ROCK, SHUFFLE TURN

9&10 Kick left forward, step left next to right, step forward on right
11&12 Kick left forward, step left next to right, step forward on right
13-14 Rock forward on left, rock back on right
15&16 Shuffle back left, right, left, making ½ turn over left shoulder

ROCK, COASTER, 2 X KICKBALL STEPS

17-18 Rock forward onto right, rock back onto left
19&20 Step back on right, step left next to right, step forward on right
21&22 Kick left forward, step left next to right, step forward on right
23&24 Kick left forward, step left next to right, step forward on right

ROCK, SHUFFLE BACK, ¼ TURN RIGHT, RIGHT SAILOR

25-26 Rock forward onto left, rock back onto right
27&28 Shuffle back left, right, left
29-30 Step back on right toe, make ¼ turn to the right
31&32 Step right behind left, step left to left side, step right to right side

ROCK, COASTER, VINE RIGHT, ROCK

33-34 Rock forward onto left, rock back onto right
35&36 Step back on left, step right next to left, step forward on left
37-38 Step right to right side, step left behind right
&39-40 Step right to right side, cross left over right, rock onto left, rock back on right

SIDE SHUFFLE, ROCK, COASTER, SIDE STEP.

41&42 Shuffle left, left, right, left
43-44 Rock forward onto right, rock back onto left
45&46 Step back on right, step left next to right, step right forward
47-48 Step left to left side, step right behind left

CROSS ROCK, SIDE SHUFFLE, 2 X ½ PIVOT TURNS

&49-50 Step left to left side cross right over left, rock onto right, rock back onto left.
51&52 Side shuffle right, right, left, right, making ¼ turn right
53-54 Step forward on left, pivot ½ turn over right shoulder
55-56 Step forward on left, pivot ½ turn over right shoulder

DIAGONAL VINE, WITH BODY FACING FORWARD

57&58 Step left diagonally forward, step right behind left, step left to left side
59&60 Step right diagonally forward, step left behind right, step right to right side
61&62 Step left diagonally forward, step right behind left, step left to left side

63&64

Step right diagonally forward, step left behind right, step right to right side

REPEAT
