Urban Daze



拍數: 48 牆數: 4 級數: Improver two step

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音樂: Days Go By - Keith Urban



STEP FORWARD, ½ TURN RONDE WITH TOUCH, SYNCOPATED CROSSING STEPS AT 45 DEGREE ANGLE LEFT

1	Step forward on left
2 2	Make 1/ turn left with

2-3 Make ½ turn left with a ronde sweep with right toe close to floor

4 Touch right next to left

Cross step right over left at 45 degree angle left, step ball of left next to right Cross step right over left at 45 degree angle left, step ball of left next to right Cross step right over left at 45 degree angle left, step ball of left next to right

8 Cross step right over left at 45 degree angle left

STEP INTO $\frac{1}{4}$ TURN LEFT, $\frac{1}{2}$ TURN RONDE WITH TOUCH, SYNCOPATED CROSSING STEPS AT 45 DEGREE ANGLE

1 Step ¼ turn le	t on left
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2-3 Make ½ turn left with a ronde sweep with right toe close to floor

4 Touch right next to left

Cross step right over left at 45 degree angle left, step ball of left next to right Cross step right over left at 45 degree angle left, step ball of left next to right Cross step right over left at 45 degree angle left, step ball of left next to right

8 Cross step right over left at 45 degree angle left

TOUCH LEFT, HOLD, TOUCH RIGHT, HOLD, RIGHT SAILOR, LEFT SAILOR WITH 1/4 TURN LEFT

1-2 Touch left toe to left side, hold

&3-4 Step left next to right, touch right toe to right side, hold

Step right behind left, step left to left side, step right to right side

7&8 Step left behind right making ¼ turn left, step right to right side, step left to left side

ROCK FORWARD, RECOVER, RIGHT COASTER STEP, full turn SPIRAL TURN RIGHT

1-2 Rock forward on right, recover weight onto left

3&4 Step right back, step left next to right, step right forward

5-8 Cross step left over right and slowing turn full turn right in place keeping weight on left

SHUFFLE TO RIGHT SIDE, ROCK, RECOVER, SHUFFLE TO LEFT SIDE, ROCK, RECOVER

1&2 Step right to right side, step left next to right, step right to right side

3-4 Rock back on left, recover weight onto right

Step left to left side, step right next to left, step left to left side

7-8 Rock back on right, recover weight onto left

STEP, KICK-BALL-CHANGE, LEFT SAILOR WITH 1/4 TURN LEFT, KICK-BALL-CHANGE, STEP

1 Step forward on right

2&3 Kick left forward, step on ball of left, step right in place

4&5 Step left behind right making ¼ turn left, step right to right side, step left to left side

6&7 Kick right forward, step on ball of right, step left in place

8 Step forward on right

REPEAT

