

# Urban Country

**COPPER KNOB**  
STEPPERS

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Shane Alassi-Jones  
音樂: Hip Square Dance - The Woolpackers



## ROCK FORWARD, BACK, SHUFFLE, ROCK BACK, FORWARD, ½ TURN & SHUFFLE

1-2      Step forward onto left foot, rock back onto right foot  
3&4      Shuffle back left-right-left  
5-6      Step back on right foot, rock forward onto left foot  
7&8      Turning ½ turn to left shuffle back right-left-right

## ROCK BACK, FORWARD & SHUFFLE

1-2      Step back onto left foot, rock forward onto right foot  
3&4      Shuffle forward left-right-left

## SIDE ROCK & SAILOR SHUFFLE

1-2      Step right foot to right side, replace weight to left foot  
3&4      Step back onto right foot, step left foot slightly left, replace weight to right foot

## SAILOR SHUFFLE X 3, ROCK BACK, FORWARD

1&2      Step back on left foot, step right foot slightly right, replace weight to left foot  
3&4      Step back on right foot, step left foot slightly left, replace weight to right foot  
5&6      Step back on left foot, step right foot slightly right, replace weight to left foot  
7-8      Step back on right foot, rock forward onto left foot

## SHUFFLE RIGHT, ROCK BACK, FORWARD, SHUFFLE LEFT, FULL TURN

1&2      Shuffle to right stepping right-left-right  
3-4      Step back on left foot, rock forward onto right  
5&6      Shuffle to left stepping left-right-left  
7-8      Turning a full turn left step right-left

## HEEL & SIDE & SIDE & HEEL & HEEL & SIDE & SIDE & HEEL &

1&2      Touch right heel forward, bring right beside left & touch left toe to left side  
&3      Bring left beside right & touch right toe to right side  
&4      Bring right foot beside left & touch left heel forward  
&5      Bring left foot beside right & touch right heel forward  
&6      Bring right foot beside left & touch left toe to left side  
&7      Bring left foot beside right & touch right toe to right side  
&8      Bring right foot beside left & touch left heel forward  
&      Bring left foot beside right

## STEP, FORWARD, BACK, ½ TURN, SHUFFLE, STEP FORWARD

1-2      Step forward onto right foot, step forward onto left foot  
3-4      Rock back onto right foot, turning ½ turn left on left foot  
5&6      Shuffle forward right-left-right  
7      Step forward onto left foot

## STEP BACK, SHUFFLE, SHUFFLE, ½ TURN, ROCK BACK, FORWARD, ¼ TURN

1      Step back on right foot  
2&3      Shuffle back left-right-left  
4&5      Shuffle back right-left-right

6-7 Step back on left & pivot  $\frac{1}{2}$  turn left replacing weight on right foot  
8-9 Step back on left foot, rock forward onto right

**REPEAT**

When starting the dance again, rock forward on to the left foot, turning  $\frac{1}{4}$  turn to the right for new direction. 4 walls turning  $\frac{1}{4}$  turn right each time

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