

Urban Basics (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Greg Van Zilen (USA)
音樂: Somebody Like You - Keith Urban



Position: Starting in Side-By-Side Position, same footwork

STEP RIGHT, ½ TURN LEFT, LEFT COASTER STEP, RIGHT FORWARD AND BACK ROCK STEPS

This section begins facing LOD and turns facing RLOD

- 1-2 Step right foot forward; pivot ½ turn left keeping weight on right foot
- 3&4 Step left foot back; step right foot next to left; step left foot forward
- 5-6 Step right foot forward; replace weight onto left foot
- 7-8 Step right foot back; replace weight onto left foot

Count 1, release left and raise right hands. Count 2, lower right hands folding behind man's back and join left hands in front of lady at waist level, now in Hammerlock Position

STEP RIGHT, ½ TURN LEFT, LEFT COASTER STEP, RIGHT FORWARD AND BACK ROCK STEPS

This section begins facing RLOD and turns facing LOD

- 9-10 Step right foot forward; pivot ½ turn left keeping weight on right foot
- 11&12 Step left foot back; step right foot next to left; step left foot forward
- 13-14 Step right foot forward; replace weight onto left foot
- 15-16 Step right foot back; replace weight onto left foot

Count 9, release right and raise left hands. Count 10, lower left hands and rejoin right, now in Side-By-Side Position

TURNING VINES TRAVELING LOD

Turns face ILOD, LOD, OLOD, LOD

- 17-18 Make ¼ turn left and step right foot to side; cross left foot behind right
- 19-20 Make ¼ turn right and step right foot forward; brush left foot forward
- 21-22 Make ¼ turn right and step left foot to side; cross right foot behind left
- 23-24 Make ¼ turn left and step left foot forward; brush right foot forward

Count 17, release left and raise right hands. Count 18, join left hands and extend arms slightly. Count 19, release left and raise right hands. Count 20, lower right hands and rejoin left, now in Side-By-Side Position. Counts 21 and 22 extend arms. Count 23, return to Side-By-Side Position.

FOUR SHUFFLES FORWARD (RIGHT, LEFT, RIGHT, LEFT)

- 25&26 Step right foot forward; step left foot next to right; step right foot forward
- 27&28 Step left foot forward; step right foot next to left; step left foot forward
- 29&30 Step right foot forward; step left foot next to right; step right foot forward
- 31&32 Step left foot forward; step right foot next to left; step left foot forward

The last set of 8 being shuffles leaves many possibilities. Have fun with it and add your favorite variations.

REPEAT

Option to counts 2 and 10, kick left foot forward