

# Upside Down Blues

拍數: 32      牆數: 4      級數: Improver  
編舞者: Delwyn Swaisland (AUS)  
音樂: Bad Day for the Blues - David Ball



## RIGHT STEP FORWARD, ½ PIVOT, SHUFFLE

1-2      Step forward on right, ½ pivot to the left  
3&4      Shuffle forward right-left-right

## ROCK FORWARD, RECOVER, ½ TURN SHUFFLE

1-2      Rock forward on left, rock back on right  
3&4      Make a ½ turn to the left & shuffle forward left-right-left

## SIDE, BEHIND, SIDE, HEEL, HOLD

1-2      Step right to the right side, step left behind right  
&3      Step right to right, touch left heel forward at 45 degrees  
4      Hold

## BACK, CROSS, SIDE, CROSS, SIDE, HEEL, HOLD

&1      Step left back, step right across left  
&2      Step left to left side, step right across left  
&3      Step left to left side, touch right heel at 45 degrees  
4      Hold

## TOGETHER, HEEL, TOGETHER, STEP, ½ PIVOT

&1      Step right beside left, touch left heel forward 45 degrees  
&2      Step left beside right, step forward on right  
3-4      Step forward on left, ½ pivot to the right

## SHUFFLE, STEP ¼ TURN, TOGETHER

1&2      Shuffle forward left-right-left  
3      Turning ¼ left step side on right  
4      Step left beside right

## HEEL & TOUCH & FORWARD, HOLD

1&      Touch right heel forward, step right beside left  
2&      Touch left heel forward, step left beside right  
3-4      Step forward on right, hold

## ½ PIVOT RIGHT TWICE, TOGETHER

1-2      Step forward on left, ½ pivot to the right  
3-4      Step forward on left, ½ pivot to the right  
&      Step left beside right

## REPEAT