

Uphill All The Way

COPPER **NOB**
BY STEPHENETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Lyn Richardson & Annette Richardson
音樂: Uphill All The Way - The Sweethearts Of The Rodeo



KICK ACROSS ½ UNWIND, HOLD, BACK LEFT COASTER STEP, HOLD

1-4 Kick right out at 45 degrees angle, cross right over left, ½ turn unwind take weight on right, hold
5-8 Step left back, step right beside left, step left forward (coaster), hold

RIGHT LOCK FORWARD, HOLD, LEFT LOCK FORWARD, HOLD

1-4 Step right forward, lock left behind, step forward right, hold
5-8 Step left forward, lock right behind, step forward left, hold

ROCK & CROSS, HOLD, ½ TURN CROSS, FORWARD STEP LEFT, HOLD

1-4 Rock right to right side, replace left, cross right over left, hold
5-8 Step left to side, turn ½ turn right step right to side, step forward left, hold

FORWARD STEP RIGHT, HOLD, ½ TURN STEP BACK LEFT HOLD, BACK RIGHT COASTER STEP, HOLD

1-4 Step forward right, hold, ½ turn right step back left, hold
5-8 Step right back, step left beside right, step forward right (coaster), hold

LEFT VINE SCUFF, ROCK ¼ TURN, HOLD

1-4 Left to side, step right behind left, step left to side, scuff right over left
5-8 Rock right over left, replace left, ¼ turn right step right forward, hold

FULL TURN TRIPLE FORWARD, HOLD, RIGHT BACK LOCK, HOLD

1-4 Full turn triple left-right-left over right shoulder (or shuffle forward), hold
5-8 Step right back, lock left in front of right, step right back, hold

½ TURN SHUFFLE, HOLD, ROCK FORWARD, ROCK BACK, HOLD

1-4 ½ turn over left shoulder shuffle forward left-right-left, hold
5-8 Rock forward right, replace left, rock back right, hold

¼ SAILOR HOLD, STEP FORWARD, ½ TURN STEP FORWARD, STEP FORWARD, STEP FORWARD

1-4 ¼ turn left step left behind right, right to right side, left to left side (sailor), hold
5-6 Step forward right, half turn left step forward left
7-8 Step forward right, step forward left

REPEAT

RESTART

On wall 3, dance the dance up to count 16 (locks) and restart the dance facing back wall

TAG

After wall 6 (facing front wall) add a 2 count hip sway right, and a 2 count hip sway left, restart the dance

FINISH

To end the dance (after completion of 8th wall facing the front)

KICK ACROSS ½ UNWIND, HOLD, COASTER STEP, HOLD

1-4 Kick right out at 45 degrees angle, cross right over left, ½ turn unwind take weight on right, hold

5-8 Step left back, step right beside left, step left forward (coaster), hold

KICK ACROSS ½ UNWIND, HOLD, COASTER STEP, HOLD

1-4 Kick right out at 45 degrees angle, cross right over left, ½ turn unwind take weight on right, hold

5-8 Step left back, step right beside left, step left forward (coaster), hold
