

Up Town Girl, Down Town Man

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: William Ambrose (UK)
音樂: Uptown Girl - Westlife



HEEL LIFT, SAILOR STEPS TWICE, BEHIND UNWIND ½ RIGHT,

1-2 Lift both heel up, place both heels down
3&4 Step right behind left, step left in place, step right beside left
5&6 Step left behind right, step right in place, step left beside right
7-8 Cross right behind left, unwind a ½ turn right, (weight ends on left foot)

OUT OUT, CLOSE, ROCK FORWARD, OUT OUT, CLOSE, ROCK FORWARD, TRIPLE ¾ LEFT

&9& Step right out to right side, step left out to left side, step right beside left
10-11 Rock forward on left, back on right
&12& Step left out to left side, touch right to right side, step right beside left
13-14 Rock forward on left, back on right
15&16 Triple step a ¾ turn left stepping left, right, left

SIDE BEHIND HEEL JACK CROSS TWICE

17-18 Step right to right side, step left behind right,
& Step right foot diagonally back right
19&20 Touch left heel diagonally forward left, step left in place, cross right over left
21-24 Repeat step 17-20 leading left

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS UNWIND ½ RIGHT

25-26 Rock right to right side, rock left in place,
27&28 Cross step right over left, step left to left side, cross step right over left,
29-30 Rock left to left side, rock right in place
31-32 Cross left over right, unwind a ½ turn right (weight ends on left foot)

BALL STEP, SHUFFLE FORWARD, SCUFF TWICE

&33 Step ball of right foot back, step left foot forward,
34&35 Step right foot forward, close left beside right, step right foot forward
36 Scuff left beside right
&37 Step ball of left foot back, step right foot forward,
38&39 Step left foot forward, close right beside left, step left foot forward
40 Scuff right beside left

½ TURN RIGHT, SHUFFLE FORWARD TWICE, ¼ TURN RIGHT, SHUFFLE FORWARD, ½ TURN LEFT, SHUFFLE FORWARD

& On ball of left turn a ½ turn right
41&42 Step right forward, close left beside right, step right forward
43&44 Step left forward, close right beside left, step left forward
& On ball of left turn a ¼ turn right
45&46 Step right foot forward, close left beside right, step right forward
& On ball of right turn a ½ turn left
47&48 Step left forward, close right beside left, step left forward

JAZZ BOX, MONTEREY ¼ TURN,

49-50 Cross right over left, step left back,
51-52 Step right to right side, step left beside right

53-54 Touch right to right side, on ball of left turn a $\frac{1}{4}$ turn right stepping right beside left
55-56 Touch left to left side, step left beside right

KNEE BEND, BEHIND UNWIND $\frac{1}{2}$ RIGHT, COASTER STEP, WALK TWICE

57-58 Bend knees down, then up
59-60 Cross right behind left, unwind a $\frac{1}{2}$ turn right (weight ends on left)
61&62 Step right back, step left beside right, step right forward
63-64 Step left forward, step right beside left

REPEAT
