

# Up The Creek

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jan Wyllie (AUS)  
音樂: 40 Days and 40 Nights - Tim McGraw



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## ROCK FORWARD, ROCK BACK, TRIPLE STEP, ROCK BACK, ROCK FORWARD, TRIPLE STEP

1-2      Rock/step forward on left, rock back on right  
3&4      Triple step on the spot left, right, left  
5-6      Rock/step back on right, rock forward on left  
7&8      Triple step on the spot right, left, right

## ROCK TO LEFT, ROCK TO RIGHT, TRIPLE STEP, ROCK TO RIGHT, ROCK TO LEFT, TRIPLE STEP

9-10      Rock/step left to left, rock/return weight to right  
11&12      Triple step on the spot left, right, left  
13-14      Rock/step right to right, rock/return weight to left  
15&16      Triple step on the spot right, left, right

## VINE LEFT WITH A TRIPLE STEP, VINE RIGHT WITH A TRIPLE STEP

17-18      Step left to left, step right behind left,  
19&20      Triple step on the spot left, right, left  
21-22      Step right to right, step left behind right  
23&24      Triple step on the spot right, left, right

## STEP FORWARD, HOLD, PIVOT ¼ RIGHT, HOLD, PIVOT ¼ LEFT, HOLD, PIVOT ¼ RIGHT, HOLD

25-26      Step forward on left, hold  
27-28      Making ¼ pivot right on ball of left step forward on right, hold  
29-30      Making ¼ pivot left on ball of right step forward on left, hold  
31-32      Making ¼ pivot right on ball of left step forward on right, hold

**REPEAT**

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