Up On The Roof

拍數: 80

級數: Improver

編舞者: Donna White (USA)

音樂: Up On the Roof - The Drifters

STEP LOCK RIGHT, SCUFF, STEP LOCK LEFT TOUCH

- 1-4 Step right forward, lock left foot in behind, step right forward & scuff left foot forward
- 5-8 Step left forward, lock right foot in behind, step left forward & touch right foot beside left

MONTEREY ½ TURN RIGHT, ¼ TURN RIGHT

- 1-4 Point right toe to right, bring right foot into left while turn a ½ turn right, point left toe to left and step left beside right foot
- 5-8 Point right toe to right, bring right foot into left while turn a ¼ turn right, point left toe to left and step left beside right foot

JAZZ BOX, ROTATE HIPS LEFT TWICE

- 1-4 Cross right foot over left, step back on left, step right foot to right, touch left beside right
- 5-6& Touch left toe to left side while rotating hip left, step down on foot, bring right foot beside
- 7-8& Repeat this movement while moving slightly to left with a touch at the end

SCISSOR STEPS TWICE

- 1-4 Step right to right side, bring left beside right, cross right over left, hold
- 5-8 Step left to left side, bring right beside left, cross left over right, hold

WEAVE RIGHT, CHASSE RIGHT, TOUCH

- 1-4 Step right to right side, step left behind right, step right to right, step left across right
- 5-8 Step right to right side, step left beside right, step right to right and touch left beside right

WEAVE LEFT; CHASSE ¼ TURN LEFT, TOUCH

- 1-4 Step left to left side, step right behind left, step left to left, cross right in front of left
- 5-8 Step left to left side, step right beside left, step left ¼ turn left and touch right beside left

STEP ½ TURN, STEP ½ TURN

- 1-4 Step right foot forward, hold, ½ turn left, hold (snap fingers on the hold)
- 5-8 Step right foot forward, hold, ½ turn left, hold (snap fingers on the hold)

ROCK, RECOVER, CROSS HOLD, ROCK, RECOVER, CROSS TOUCH

- 1-4 Rock right foot to right side, recover left, cross right in front of left, hold
- 5-8 Rock left foot to left side, recover right, cross left in front of right, touch

Restart here after 2nd time danced

WALK BACKWARDS, LEFT HEEL, WALK BACKWARDS RIGHT HEEL

- 1-4 Walk backwards right, left, right present left heel forward
- 5-8 Walk backwards left, right, left present right heel forward

ROCK RECOVER, CROSS, HOLD, UNWIND ¾ TURN LEFT

- 1-4 Rock right to right side, recover left, cross right in front of left, hold
- 5-8 Unwind slowly ³/₄ of a turn left

REPEAT

RESTART





牆數:3