

# Up For Air

拍數: 64      牆數: 0      級數:  
編舞者: Karen Grave (UK)  
音樂: That's The Kind Of Love - Mila Mason



- 1-2            Scuff right forward, scuff right back and across left  
3-4            Scuff right forward across left, step right beside left  
5-6-7&8       Scuff left forward into left hitch, step left-right-left on the spot
- 9-10           Step forward on right, turn ¼ left step left beside right  
11-12          Stomp right beside left twice (no weight)  
13-16          Repeat steps 1-4
- 17-18-19&20   Repeat steps 5-8  
21-24          Repeat steps 9-12
- 25-26          Boogie walk- cross/step right over left, left over right  
27-28          Right over left moving forward, kick left forward at 45 degrees right  
29-30          Step left back while turning ¼ left, tap right toe behind  
31&32          Tap right again while scooting back on left, tap right toe again while scooting back on left
- 33-36          Step forward on right, slide left behind right, step forward on right, touch left beside right  
37&38&39-40   Syncopated steps - touch left to left, step left beside right, touch right to right, step right beside left, touch left heel, forward, step left beside right, touch right heel forward  
41-42-43&44   Rock forward on right, back on left, coaster step stepping right back, left together, right forward  
45-46-47&48   Cross left over right, unwind ¾ turn left, shuffle forward left-right-left
- 49-50-51&52   Step forward on right, ½ pivot turn left, shuffle forward stepping right-left-right  
53-56          Jump forward on left at 45 degrees angle left, drag t toe up to left, taking two counts, stomp  
57-60          Step right toe to side, drop right heel, step left toe behind right, drop left heel  
61-64          Step right toe further over left, drop right heel, step left toe to left, drop left heel

## REPEAT

## OPTIONAL HAND MOVEMENTS

### Steps 25-28

Holding clenched fists in front, waist high, move arms from side to side in twisting motion

### Steps 53-56

Lift right arm up in the air and move it down and through in a sweeping motion at the same place as toe drag.  
Hands on waist to stomp