

Up Against The Wall

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 2 級數: Intermediate/Advanced hip hop
編舞者: Frank Cooper (CAN)
音樂: Me Against the Music (feat. Madonna) - Britney Spears



SIDE ROCK & CROSSING SHUFFLE, SIDE ROCK, SYNCOPATED WEAVE, BRUSH PRESS, RECOVER ONTO RIGHT FOOT

- 1&2&3 Rock left foot out to left side, recover onto right foot, step left foot over right foot, step right foot to right side, step left foot over right foot
- 4-5 Rock right foot out to right side, recover onto left foot
- 6&7 Step right foot behind left, step left foot to left side, step right foot over left
- &8-9 Brush left toe forward on a 45 degree angle to left, press left toe into floor, recover onto right foot

SYNCOPATED WEAVE ¼ TURN, STEP ACROSS, STEP OUT OUT, STEP FORWARD, PIVOT ½ TURN

- 10&11 Step left foot behind right, step forward on right foot making a ¼ turn right, step forward on left foot
- 12&13 Step right foot over left, step open with left foot, step open with right foot
- 14 Step forward on left foot
- 15-16 Step forward on right foot, pivot ½ turn left

HEEL SWITCHES, TOUCH FORWARD, SWIVEL SWIVEL, & COASTER STEP, & STEP TOGETHER, & SIT & UP

- 17&18 Touch right heel forward, bring right foot home, touch left heel forward
- &19&20 Step left foot home, touch right toe forward, swivel both heels to right, swivel both heels back to center
- &21&22 Slightly hitch right knee, step back on right foot, step left foot beside right foot, step forward on right foot
- &23-24& Step forward on left foot, step right foot beside left foot, bend both knees into sitting position, rise up straightening knees weight ending on right foot

KICK BALL POINT, SWITCH POINT, STEP TOGETHER ¼ TURN, PIVOT ½ TURN, PADDLE ½ TURN TAKING WEIGHT

- 25&26 Kick left foot forward, step on left foot, point right toe to right side
- &27-28 Step right foot beside left, point left toe to left side, step left foot beside right foot making a ¼ turn left
- 29-30 Step forward on right foot, pivot ½ turn left
- 31&32 Slightly hitch right knee, point right toe to right side making ¼ turn left, slightly hitch right knee, step right foot to right side making ¼ turn left

REPEAT

TAG

Do the dance once and then do the tag on the back wall. Do the dance 3 more times and then do the tag on the front wall

STEP, SAILOR STEP, SAILOR STEP, SAILOR STEP, SYNCOPATED WEAVE, SIDE ROCK & CROSS

- 1 Step left foot to left and slightly forward
- &2& Step right foot behind left, step left foot to left side and slightly forward, step right foot to right side and slightly forward
- 3&4 Step left foot behind right foot, step right foot to right side and slightly forward, step left foot to left side and slightly forward
- &5& Step right foot behind left, step left foot to left side and slightly forward, step right foot to right side and slightly forward

6&7 Step left foot behind right foot, step right foot to right side, step left foot over right
&8& Rock right foot out to right side, recover onto left foot, step right foot over left

STEP SIDE, TOE DRAG, KICK BALL CROSS, STEP SIDE, TOE DRAG, KICK BALL CROSS

9-10 Step left foot to left side, drag right toe in towards left with touch
11&12 Kick right foot forward, step right foot beside left, step left foot over right
13-14 Step right foot to right side, drag left toe in towards right with touch
15&16 Kick left foot forward, step left foot beside right, step right foot over left

17-32 Repeat counts 1-16
