Up Against The Wall



拍數: 32 牆數: 4 級數: Improver

編舞者: Marsha Story (USA)

音樂: Up Against The Wall - *NSYNC



SLIDE RIGHT, KICKBALL CHANGE, SLIDE LEFT, KICKBALL CHANGE

1-2	Sten	right to	right side	slide lef	t next to right
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3&4 Kick left foot, step ball of left next to right, step right in place

5-6 Step left to left side, slide right next to left

7&8 Kick right foot, step ball of right next to left, step left in place

WALK RIGHT, LEFT, SHUFFLE FORWARD, ½ TURN RIGHT, COASTER STEP

1-2 Walk forward right, left (right, left)

3&4 Shuffle forward right, left, right (right-left-right)

5-6 Step left forward, turn ½ turn to the right placing weight on left foot

7&8 Step back with right, step left next to right, step right forward

WALK LEFT, RIGHT, SHUFFLE FORWARD, 1/4 TURN LEFT, MONTEREY

1-2 Walk forward left, right (left, right)

3&4 Shuffle forward left, right, left (left-right-left)
Turn ¼ to the left pointing right to right side

6-8 ½ turn to the right, touch left to left side, bring together

TOE STRUTS, WALK RIGHT-LEFT-RIGHT-LEFT

1-2	Touch right toe forward, step right foot in place
3-4	Touch left toe forward, step left foot in place

5-6 Step right forward, step left next to right slightly bending knees

7-8 Repeat 5-6

REPEAT

On the 9th rotation, start the dance over. You will be skipping the last 8 counts on the 8th rotation. (Restart the dance after the words "two-step" are said.)