Unwrapped



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Noel Bradey (AUS) 音樂: Wrapped - Gloria Estefan



SIDE MAMBO, BALL, CROSS, ¾ UNWIND, SIDE, REPLACE, CROSS, BALL, TOUCH BACK, ½ REVERSE PIVOT

1&2 Rock/step right to right side, replace weight to left, step right beside left

&3-4 Step slightly back on ball of left, cross/step right over left, unwind ³/₄ turn left (weight right)

(3:00)

5&6 Rock/step left to left side, replace weight to right, cross/step left over right

&7-8 Step on ball of right to right side, touch left toe back, reverse ½ turn pivot turn left (weight left)

(9:00)

FORWARD MAMBO, ½ TURN LEFT, STEP FORWARD, ½ TURN RIGHT, ¼ SIDE SHUFFLE, ¼ TURN, ½ TURN, ½ TURN

1&2 Rock/step right forward, replace weight to left, step back on right

&3-4 Turn ½ turn left to step left forward, step right forward, turn ½ turn right to step left back

(9:00)

Turn ½ turn right to side shuffle right, left, right (traveling right) (12:00)

7&8 Turn ¼ turn left to stepping left forward, turn ½ turn left stepping right back, turn ½ turn left

stepping left forward (9:00)

SIDE, TOGETHER, TOUCH SIDE, TOUCH TOGETHER, TOUCH SIDE, 1/4 MONTEREY CROSS, REPLACE, BACK, REPLACE, CROSS, TOUCH SIDE

1&2 Step right to right, step left beside right, touch right toe to right side

&3-4 Touch right toe beside left, touch right toe to right, turn ½ turn right dragging right in to step

beside left (12:00)

5&6& Cross/step left diagonally forward over right, replace weight to right, rock/step left back

diagonally, replace weight to right

7-8 Cross/step left over right, touch right toe to right side

BACK COASTER, BALL, STEP FORWARD, ½ PIVOT, FORWARD COASTER, BALL, CROSS, ¾

1&2 Step right back, step left beside right, step right forward

&3-4 Step on ball of left beside right, step right forward, pivot turn ½ turn left (weight left) (6:00)

5&6 Step right forward, step left beside right, step right back

&7-8 Step on ball of left beside right, cross/step right over left, unwind 3/4 turn left (weight left)

(9:00)

REPEAT

TAG

End of walls 3 and 6

1&2&3-4 Rock/step right to right, replace weight to left, step right beside left, rock/step left to left,

replace weight to right, step left beside right

TAG

End wall 4 do the following 16 counts, end wall 8 do the following 16 counts twice

1-2&3-4& Rock/step right to right, replace weight to left, step right beside left, rock/step left to left,

replace weight to right, step on left beside right

5-6-7-8 Turn ¼ turn right to step right forward, lock/step left behind right, turn ¼ turn right to step right

forward, lock/step left behind right

1-2&3-4	Rock/step right to right side, replace weight to left, turn ½ turn right stepping right beside left, rock/step left to left side, replace weight to right
&5-6 7-8	Step on left beside right, step right forward, drag left to beside right Step left back, drag right to beside left (weight left)