

# Unwind

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Jamie Marshall (USA)  
音樂: Bubba Hyde - Diamond Rio



## TOUCH, CROSS, TURN, TURN X 2

1-2      Touch right toes to right side, cross right foot in front of left  
3-4      Turn ¼ turn left, turn ¼ turn right  
5-6      Touch left toes to left side, cross left foot in front of right  
7-8      Turn ¼ turn right, turn ¼ turn left

## TOUCH, CROSS, TOUCH, CROSS, TOUCH, HOLD, TOUCH, HOLD

1-2      Touch right toes to right side, cross right foot across left  
3-4      Touch left toes to left side, cross left foot across right  
5-6      Touch right toes to right side, hold  
&7-8      Step right foot next to left, touch left toes to left side, hold

## PENDULUM STEPS, TOUCH, CROSS, UNWIND

1&2&      Step left foot next to right, touch right toes to right side, step right foot next to left, touch left toes to left side  
3&4      Step left foot next to right, touch right toes to right side, touch right foot next to left  
5-6      Touch right toes to right side, cross right foot in front of left  
7-8      Unwind ½ turn left, turn ½ turn left stepping onto left foot

## GRAPEVINE, STEP, PIVOT, STEP, PIVOT

1-2      Step right foot to right side, cross left foot behind right  
3-4      Step right foot to right side, step left foot next to right  
5-6      Step right foot forward, pivot ½ turn left  
7-8      Step right foot forward, pivot ½ turn left

## WEAVE, SCUFF TURN X 2

1-2      Cross right foot behind left, step left foot to left side  
3-4      Cross right foot in front of left, step left foot next to right  
5-6      Scuff right heel forward, step right foot ¼ turn right  
7-8      Scuff left heel forward, step left foot ¼ turn left

## HEEL SWITCHES, STEP, PIVOT, X 2

1&2      Touch right heel forward, step right foot next to left, touch left heel forward  
&3-4      Step left foot next to right, step right foot forward, pivot ½ turn left  
5&6      Touch right heel forward, step right foot next to left, touch left heel forward  
&7-8      Step left foot next to right, step right foot forward, pivot ¼ turn left

## REPEAT