

Unwind

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: Bubba Hyde - Diamond Rio



TOUCH, CROSS, TURN, TURN X 2

1-2 Touch right toes to right side, cross right foot in front of left
3-4 Turn $\frac{1}{4}$ turn left, turn $\frac{1}{4}$ turn right
5-6 Touch left toes to left side, cross left foot in front of right
7-8 Turn $\frac{1}{4}$ turn right, turn $\frac{1}{4}$ turn left

TOUCH, CROSS, TOUCH, CROSS, TOUCH, HOLD, TOUCH, HOLD

1-2 Touch right toes to right side, cross right foot across left
3-4 Touch left toes to left side, cross left foot across right
5-6 Touch right toes to right side, hold
&7-8 Step right foot next to left, touch left toes to left side, hold

PENDULUM STEPS, TOUCH, CROSS, UNWIND

1&2& Step left foot next to right, touch right toes to right side, step right foot next to left, touch left toes to left side
3&4 Step left foot next to right, touch right toes to right side, touch right foot next to left
5-6 Touch right toes to right side, cross right foot in front of left
7-8 Unwind $\frac{1}{2}$ turn left, turn $\frac{1}{2}$ turn left stepping onto left foot

GRAPEVINE, STEP, PIVOT, STEP, PIVOT

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right foot to right side, step left foot next to right
5-6 Step right foot forward, pivot $\frac{1}{2}$ turn left
7-8 Step right foot forward, pivot $\frac{1}{2}$ turn left

WEAVE, SCUFF TURN X 2

1-2 Cross right foot behind left, step left foot to left side
3-4 Cross right foot in front of left, step left foot next to right
5-6 Scuff right heel forward, step right foot $\frac{1}{4}$ turn right
7-8 Scuff left heel forward, step left foot $\frac{1}{4}$ turn left

HEEL SWITCHES, STEP, PIVOT, X 2

1&2 Touch right heel forward, step right foot next to left, touch left heel forward
&3-4 Step left foot next to right, step right foot forward, pivot $\frac{1}{2}$ turn left
5&6 Touch right heel forward, step right foot next to left, touch left heel forward
&7-8 Step left foot next to right, step right foot forward, pivot $\frac{1}{4}$ turn left

REPEAT