

Untamed

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Emma Thompson (UK)
音樂: Untamed - Yankee Grey



TOUCH, SCUFF, STOMP, TOUCH, SCUFF, HOOK, KICK, TOUCH

- 1 Touch right toe next to left
- 2 Scuff right foot forward
- 3 Stomp right foot down replacing weight back onto right foot
- 4 Touch left toe next to right
- 5 Scuff left foot forward
- 6 Cross hook left leg in front of right
- 7 Kick left foot forward
- 8 Touch left toe back next to right

SHUFFLE, STEP ½ TURN, SHUFFLE, ROCK

- 1&2 Step left foot forward, step right foot together, step left foot forward
- 3-4 Step forward on right foot, make ½ turn left over left shoulder
- 5&6 Step right foot forward, step left foot together, step right foot forward
- 7-8 Rock forward on left foot, rock back on right replacing weight onto right foot

COASTER STEP, STEP ¼ TURN LEFT, CROSS SHUFFLE, ROCK

- 1&2 Step left foot back, step right foot together, step left foot forward
- 3-4 Step forward on right foot, make ¼ to left side over left shoulder
- 5&6 Cross right foot over left & step, push off slightly with left foot in place, step to left on right foot
- 7-8 Rock to left side, rock back to right side replacing weight onto right foot

LEFT SAILOR STEP, RIGHT SAILOR STEP, JUMP APART, JUMP OVER, UNWIND, CLAP

- 1&2 Step left behind right, step right to right side, step left forward
- 3&4 Step right behind left, step left to left side, step right forward
- 5 Jump both feet apart
- 6 Jump both feet crossed, right in front of left
- 7-8 Unwind ½ turn to left and clap

REPEAT
