

# Unstill

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Shawn Knisell  
音樂: I've Got You - Marc Anthony



## WALKS, SYNCOPATED MAMBO STEP ¼ TURN, SIDE STEP, SAILOR STEPS

- 1-2      Right foot walk forward, left foot walk forward  
&3-4      ¼ turn to left side right foot step to right side, recover weight on left foot, right foot cross in front of left foot  
5      Left foot step to the left  
6&7      Right foot cross behind left foot, left foot small step to the left, right foot small step to right side  
8&1      Left foot cross behind right foot, right foot small step to the right, left foot small step to left side

## SHUFFLE, STEP ½ TURN STEP, STEP LOCK, SHUFFLE

- 2&3      Right foot step forward, left foot behind right foot, right foot step forward  
4&5      Left foot step forward, ½ turn to right side recover weight on right foot, left foot step forward  
6-7      Right foot step forward, left foot lock behind right foot  
8&1      Right foot step forward, left foot behind right foot, right foot step forward

## MAMBO STEPS, RONDE CHAMP ½ TURN, HIP BUMPS

- 2&3      Left foot rock to left side, recover weight on right foot, left foot cross in front of right foot  
4&5      Right foot rock to right side, recover weight on left foot, right foot cross in front of left foot  
6-7      Sweep left foot in circle next to right foot with a ½ turn, left foot step next to right foot  
8&1      Right foot step behind left foot and hip bump back, hip bump forward, hip bump back

## SHUFFLE, MAMBO STEPS, SHUFFLE

- 2&3      Left foot step forward, right foot behind left foot, left foot step forward  
4&5      Right foot rock forward, recover weight on left foot, right foot step next to left foot  
6&7      Left foot rock back, recover weight on right foot, left foot step next to right foot  
8&      Right foot step forward, left foot behind right foot

## REPEAT

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