

Unforgettable Heroes

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 4 級數: Intermediate
編舞者: Mel Llewellyn
音樂: Cartoon Heroes - Aqua



SIDE STEPS, ROCK STEP, SIDE STEPS, ROCK STEP

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock forward left over right, rock back on right
5&6 Step right to right side, step left next to right, step right to right side
7-8 Rock forward right over left, rock back on left

¼ TURN SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE, ROCK STEP

9&10 Turning shuffle ¼ to right, right, left, right
11&12 Turning shuffle ½ to right, left, right, left
13&14 Turning shuffle ½ to right, right, left, right
15-16 Rock forward left, rock back on right

BACK, BACK, BACK, STEP, MAMBO STEP, MAMBO STEP

17 Walk back left with arms crossed down in front
18 Walk back right with arms out to the side
19 Walk back left with arms crossed down in front
20 Step forward on right
21&22 Rock forward on left, rock back on right, step back on left next to right
23&24 Rock back on right, rock forward on left, step forward right next to left

PIVOT, PIVOT, PIVOT, PIVOT, HEEL, HEEL, SIDE SHUFFLE

25& Step forward on left and pivot 1/8 on right
26& Step forward on left and pivot 1/8 on right
27& Step forward on left and pivot 1/8 on right
28& Step forward on left and pivot 1/8 on right
29&30 Touch left heel forward, replace weight on left, touch right heel forward
31&32 Side shuffle to right, right, left, right

ROCK, ROCK, SIDE SHUFFLE, ROCK, ROCK, HEEL, HEEL

33 Rock left behind right
34 Rock back on right
35&36 Side shuffle to left, left, right, left
37-38 Rock right behind left, rock back on left
39&40 Touch right heel forward, replace weight on right, touch left heel forward

STEP, PIVOT, STEP, PIVOT, WALK, WALK, START JAZZ BOX

&41 Replace weight on left, step forward on right
42 Pivot ½ turn to left
43-44 Step forward on right, pivot ½ turn to left
45-46 Walk forward right, left
47-48 Cross right over left, step back left

JAZZ BOX, CROSS STEP, STEP, STEP, STEP, COASTER STEP

49-50 Step right next to left, raise and lower left
51-52 Cross right over left, step back left
53-54 Step back right, step back left

55&56 Step back right step left next to right, step right forward

TOUCH, CLOSE, TOUCH, CROSS, UNWIND

57&58 Touch left to left side, replace left next to right, touch right to right side

59-60 Cross right over left, unwind over left shoulder $\frac{1}{2}$ turn

REPEAT
