

Understood

拍數: 64 牆數: 0 級數:
編舞者: Sharon Collison
音樂: I Don't Care If You Love Me Anymore - The Mavericks



- 1-4 Stomp right forward & clap, stomp left forward & clap
- 5-8 Stepping right toe back. Drop heel, stepping left toe back,
- 9-10 Stepping right toe right side, roll right hip to right & drop right heel
11-12 Stepping left toe left side, roll left hip to left & drop left heel
- 13-16 Step right foot right side. Step left behind, step right foot right side. tap left together.
17-20 Step left foot left side, step right behind, step left turning ¼ turn left. Scuff right together
- 21-22 Stepping forward right pivot ½ turn left putting weight onto right
23-24 Lifting left foot, turning ¼ turn left putting weight on left foot
- 25-28 Step right foot over left. Step back on left foot. Step right foot right side-hold
29-32 Step left foot over right. Step back on right. Step left foot left side and hold
- 33-36 Step forward right foot, step left behind, step forward right, scuff left
37-40 Step forward left. Step right behind, step forward left, scuff right
- 41-42 Step forward right foot. Pivot ½ turn left putting weight on right foot
43-44 Turning ¼ turn left putting weight on left foot
- 45-48 Step right over left. Step back on left. Step right foot right side and hold
49-52 Step left over right. Step back on right. Step left foot left side and hold
- 53-54 Step right toe right side, roll right hip to right side and drop right heel
55-56 Step left toe left side, roll left hip to left side and drop left heel
- 57-60 Twisting both heels to right-left-right, and center, holding hands up shoulder height. Shaking hands (like rattling a tambourine)
- 61-64 Step right heel forward right toe right side. Turning heel out. Right heel forward, step right together

REPEAT

To finish the dance on left box step, step left over right turning ¼ turn. Right step back on right. Left foot left side. Stomp right together.