

The Underground

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Geri Morrison (UK) & Kiley Evans (UK)
音樂: Sound of the Underground - Girls Aloud



STEP BACK ON RIGHT AND LEFT (OUT OUT), HIP ROLL, TOUCH KICK ¼ TURN RIGHT, ROCK BACK ROCK FORWARD

- 1-2 Step back on right and left (out out) shoulder width apart
- 3-4 Roll hips clock wise (weight on left)
- 5-6 Touch right next to left, kick right diagonally right at same time turn ¼ right
- 7-8 Rock back on right, recover weight on left

CROSS WALKS, 2 X PIVOTS

- 1-2 Step right in front of left forward hold
- 3-4 Step left in front of right forward hold
- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Step forward on right, pivot ½ turn left

STEP FORWARD RIGHT, KICK CROSS LEFT, STEP BACK RIGHT, STEP BACK LEFT, CROSS RIGHT, STEP BACK LEFT, STEP RIGHT TO RIGHT

- 1-2 Step forward on right, kick left forward
- 3-4 Cross left over right, step back on right
- 5-6 Step back on left, cross right over left
- 7-8 Step back on left, step right to right side

¼ TURN LEFT STRUT, ½ TURN LEFT STRUT, FORWARD LOCK HOLD

- 1-2 Turn ¼ left on left toe, drop heel
- 3-4 Turn ½ left on right, stepping back on right toe, drop heel
- 5-6 Step forward on left, lock right behind left
- 7-8 Step forward on left, hold, (facing 6:00)

FORWARD LOCK STEP, HOLD, HIP BUMPS

- 1-2 Step forward on right, lock left behind right
- 3-4 Step forward on right, hold
- 5-6 Bump hips, left and right
- 7-8 Bump hips, left and right (weight on right)

CROSS STRUT, SIDE STRUT, JAZZ BOX, SIDE CROSS

- 1-2 Cross left toe over right, drop left heel
- 3-4 Step right toe to right side, drop right heel
- 5-6 Cross left foot over right, step back on right
- 7-8 Step left to left side, cross right foot over left

RUMBA BOX WITH HOLDS

- 1-2 Step left to left side, step right to right side
- 3-4 Step left forward, hold
- 5-6 Step right to right side, step left next to right
- 7-8 Step back on right, hold

STEP LEFT TOUCH RIGHT, STEP RIGHT TOUCH LEFT, STEP RIGHT TOUCH RIGHT, TOUCH OUT RIGHT, IN HITCH RIGHT

- 1-2 Step left to left side, touch right beside left

- 3-4 Step right to right side, touch left beside right
5-6 Step left to left side, touch right beside left
7-8 Touch right to right side, hitch right knee next to left

REPEAT

TAG

When dancing to "Sound Of The Underground" by Girls Aloud, at the end of wall 3 (facing back wall)

ROLLING VINE RIGHT ROLLING VINE LEFT

- 1-2 Step right $\frac{1}{4}$ turn right, make $\frac{1}{2}$ turn right as you step left foot back
3-4 Make $\frac{1}{4}$ turn right stepping right to right side, touch left next to right
5-6 Make $\frac{1}{4}$ turn left on left foot, make $\frac{1}{2}$ turn left as you step right back
7-8 Make $\frac{1}{4}$ turn left stepping left to left side, touch right next to left

STEP RIGHT TOUCH, STEP LEFT TOUCH, TOUCH OUT IN OUT HITCH

- 9-10 Step right to right side, touch left beside right
11-12 Step left to left side, touch right next to left
13-14 Touch right to right side, touch right next to left
15-16 Touch right to right side, hitch right knee next to left

RESTART

On the 7th wall, dance up to counts 56. Then repeat 49-56 again. Rumba box dance to end of sequence (facing back wall).
