

# The Underground

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Geri Morrison (UK) & Kiley Evans (UK)  
音樂: Sound of the Underground - Girls Aloud



## STEP BACK ON RIGHT AND LEFT (OUT OUT), HIP ROLL, TOUCH KICK ¼ TURN RIGHT, ROCK BACK ROCK FORWARD

- 1-2            Step back on right and left (out out) shoulder width apart
- 3-4            Roll hips clock wise (weight on left)
- 5-6            Touch right next to left, kick right diagonally right at same time turn ¼ right
- 7-8            Rock back on right, recover weight on left

## CROSS WALKS, 2 X PIVOTS

- 1-2            Step right in front of left forward hold
- 3-4            Step left in front of right forward hold
- 5-6            Step forward on right, pivot ½ turn left
- 7-8            Step forward on right, pivot ½ turn left

## STEP FORWARD RIGHT, KICK CROSS LEFT, STEP BACK RIGHT, STEP BACK LEFT, CROSS RIGHT, STEP BACK LEFT, STEP RIGHT TO RIGHT

- 1-2            Step forward on right, kick left forward
- 3-4            Cross left over right, step back on right
- 5-6            Step back on left, cross right over left
- 7-8            Step back on left, step right to right side

## ¼ TURN LEFT STRUT, ½ TURN LEFT STRUT, FORWARD LOCK HOLD

- 1-2            Turn ¼ left on left toe, drop heel
- 3-4            Turn ½ left on right, stepping back on right toe, drop heel
- 5-6            Step forward on left, lock right behind left
- 7-8            Step forward on left, hold, (facing 6:00)

## FORWARD LOCK STEP, HOLD, HIP BUMPS

- 1-2            Step forward on right, lock left behind right
- 3-4            Step forward on right, hold
- 5-6            Bump hips, left and right
- 7-8            Bump hips, left and right (weight on right)

## CROSS STRUT, SIDE STRUT, JAZZ BOX, SIDE CROSS

- 1-2            Cross left toe over right, drop left heel
- 3-4            Step right toe to right side, drop right heel
- 5-6            Cross left foot over right, step back on right
- 7-8            Step left to left side, cross right foot over left

## RUMBA BOX WITH HOLDS

- 1-2            Step left to left side, step right to right side
- 3-4            Step left forward, hold
- 5-6            Step right to right side, step left next to right
- 7-8            Step back on right, hold

## STEP LEFT TOUCH RIGHT, STEP RIGHT TOUCH LEFT, STEP RIGHT TOUCH RIGHT, TOUCH OUT RIGHT, IN HITCH RIGHT

- 1-2            Step left to left side, touch right beside left

- 3-4 Step right to right side, touch left beside right  
5-6 Step left to left side, touch right beside left  
7-8 Touch right to right side, hitch right knee next to left

**REPEAT**

**TAG**

**When dancing to "Sound Of The Underground" by Girls Aloud, at the end of wall 3 (facing back wall)**

**ROLLING VINE RIGHT ROLLING VINE LEFT**

- 1-2 Step right  $\frac{1}{4}$  turn right, make  $\frac{1}{2}$  turn right as you step left foot back  
3-4 Make  $\frac{1}{4}$  turn right stepping right to right side, touch left next to right  
5-6 Make  $\frac{1}{4}$  turn left on left foot, make  $\frac{1}{2}$  turn left as you step right back  
7-8 Make  $\frac{1}{4}$  turn left stepping left to left side, touch right next to left

**STEP RIGHT TOUCH, STEP LEFT TOUCH, TOUCH OUT IN OUT HITCH**

- 9-10 Step right to right side, touch left beside right  
11-12 Step left to left side, touch right next to left  
13-14 Touch right to right side, touch right next to left  
15-16 Touch right to right side, hitch right knee next to left

**RESTART**

**On the 7th wall, dance up to counts 56. Then repeat 49-56 again. Rumba box dance to end of sequence (facing back wall).**

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