

Underground

拍數: 128 牆數: 1 級數: Intermediate
編舞者: Ceri Grindal (UK)
音樂: Sound of the Underground - Girls Aloud



GRAPEVINE, KICK BALL CHANGE, FULL TURN

1-2-3-4 Step right side, cross left behind right, step right side, touch left
5-6-7-8 Step left side, cross right behind left, step left side, touch right
9&10 Kick right, step right next to left, step on left
11&12 Kick right, step right next to left, step on left
13-16 Full turn left stepping right, left, right, left

TOE STRUT, PADDLE ¼, ROCK STEP, SHUFFLE, ROCK STEP, SHUFFLE

1-2-3-4 Point right forward, right heel, point left forward, left heel
5-6-7-8 Step right turn 1/8 left, step left, step right turn 1/8 left, step left
9-10 Rock right forward, recover left
11&12 Shuffle ½ turn right stepping right, left, right
13-14 Rock left forward, recover right
15&16 Shuffle ½ turn left stepping left, right, left

SCUFF, STOMP, TURN, KICK, HOOK, SHUFFLE, BUMPS, STEP TOUCH, STEP POINT

1-2-3-4 Scuff right, stomp right, twist ¼ turn left, weight on left
5-6-7&8 Kick right, hook right over left, shuffle forward right, left, right
9-10 Step left forward and bump, bump right
11&12 Bumps left, right, left
13-14 Step back right, touch left next to right
15-16 Step left forward, point right to right side

CROSS, UNWIND ¾, ROCK STEP, CROSS STEP, GRAPEVINE, TOE STRUT

1-2-3-4 Cross right behind left, unwind ¾ turn right weight onto right
5-6-7-8 Rock left to left side, recover right, cross left over right
9-10 Step right to right side, cross left behind right
11-12 Step right to right side, touch left next to right
13-14 Point left to left side, touch left next to right
15-16 Left toe strut turning ¼ turn left

POINT, HOLD, CROSS STEP, STEP ¼ TURN, STEP, CROSS STEP

1-4 Point right to right side and hold
5-6-7-8 Cross right over left, step left turn ¼r, step right, cross step left
9-24 Repeat steps 1-8 twice

ROCK, CROSS, STEP, HEEL, STEP, CROSS, MONTEREY, LONG STEP SLIDE TOUCH

1-2-3-4 Rock right to right side, recover left, cross right over left, step on left
5-6-7-8 Touch right heel, step right next to left, cross step left over right
9-10 Point right to right side
11-12 Turn ¾ right stepping onto right
13-14 Left long step to left side
15-16 Slide right and touch next to left

KICK BALL CHANGE, SKATE, SKATE, SCUFF, STOMP, STOMP, HEEL SWIVEL

1&2-3-4 Kick right, step onto right, step onto left, skate right, skate left

5-6-7&8 Scuff right, stomp right, stomp left behind right, swivel heels

COASTER TOUCH, ROCK STEP, CROSS STEP, SWEEP ½ TURN

1&2-3-4 Right coaster, touch, rock right to right side, recover left

5-6-7-8 Cross step right over left, sweep left turn ½ right weight onto left

KICK BALL CHANGE, SKATE, SKATE, SCUFF, STOMP, STOMP, HEEL SWIVEL

1&2-3-4 Kick right, step onto right, step onto left, skate right, skate left

5-6-7&8 Scuff right, stomp right, stomp left behind right, swivel heels

REPEAT

TAG 1

2nd time through - stop at end of section 4 then:

WALK, WALK, COASTER, HEEL SWITCHES, CROSS, FULL TURN

1-2-3-4 Walk right, walk left

5-6-7-8 Right coaster step back, touch right

9-10 Touch right heel forward, step right next to left

11-12 Touch left heel forward, step left next to right

13-16 Cross right over left, full turn left ending with weight on left

TAG 2

Twice more through dance then:

ROCK STEP, HEEL, HOOK, ROCK STEP, ROCK STEP

1-2-3-4 Rock back right, recover left, touch right heel, hook right over left

5-6-7-8 Rock right forward, recover left, rock back right, recover left

Then from beginning of dance to end of section 3 (unwind full turn left after point if preferred), then dance the last 8 beats of section 5 and carry on to end
