The Under Toe

拍數: 40

1

級數:

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音樂: Go Away - Lorrie Morgan

KICK, STEP, KICK, 3-STEP TURN IN PLACE, HOP, HOP

- Kick right foot forward diagonally to left
- 2 Step right foot home
- 3 Kick left foot forward diagonally to right
- 4 Step left foot home, beginning full 3-step turn to the left in place
- 5 Cross right foot over left, continuing turn
- 6 Step left foot home (facing original wall)
- 7 Hitch right knee and hop to right on left foot
- 8 Hop to right on left foot

TOUCH FORWARD, TO SIDE, HITCH, OUT, OUT. KNEE IN, SNAP, SNAP

- 1 Touch right toe forward
- 2 Touch right toe to right side
- 3 Hitch right leg to left knee
- 4 Step right foot to right
- 5 Step left foot to left
- 6 With left leg straight, bend right knee toward left leg
- 7 Snap fingers of right hand, moving arm down and toward right side
- 8 Bring right hand up and snap fingers (same as before)

STEP OUT, OUT, BODY ROLL, STEP-CROSS, TOUCH, STEP-CROSS, TOUCH

- 1 Step right foot small step to right side
- 2 Step left foot small step to left side (feet slightly apart)
- 3 Raise heels (bend knees) and roll body in*
- 4 Roll body out (shoulders and knees)
- 5 Step right foot across left foot
- 6 Touch left toe out to left side
- 7 Step left foot across right foot
- 8 Touch right toe out to right side

The body roll starts with shoulders and knees. This move should almost have a "rubber" look as if you are trying to make a "figure 8" with shoulders and knees (from side view)

1/4 TURN, 1/4 TURN, STEP/TOUCH, STEP/TOUCH (REPEAT ALL)

- 1 On ball of left foot, turn ¼ to left, touching right toe to right side
- 2 On ball of left foot, turn ¼ to left, touching right toe to right side
- & Step right foot home
- 3 Touch left toe to left side (as you do this, bend right arm in toward your chest and straighten left arm down by your left side)
- & Step left foot home
- 4 Touch right toe to right side (as you do this, bend left arm in toward your chest and straighten right arm down by your right side)
- 5-8 Repeat steps 1-4

SLIDE, STEP, CLAP, SLIDE, STEP, CLAP, TURN ¼, PIVOT ½ (TWICE)

- & Slide right foot to left and step down
- 1 Step left foot to left





牆數:4

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- 2 Clap
- & Slide right foot to left and step down
- 3 Step left foot to left
- 4 Clap
- 5 On ball of left foot, turn ¼ to left and step right foot forward
- 6 Pivot ¹/₂ turn to left on right foot and transfer weight to left foot
- 7 Step right foot forward
- 8 Pivot ½ turn to left on right foot and transfer weight to left foot

REPEAT