

Unconditional Love

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Birgitta Schoultz-Ekblad (FIN)
音樂: Unconditional Love - Kwan



FORWARD STEPS WITH KNEE POPS, BACK, SWAY TO LEFT

- 1-2 Step left foot slightly forward as you pop right knee forward, step right foot slightly forward as you pop left knee forward
3-4 Step left foot slightly forward as you pop right knee forward, step right foot slightly forward as you pop left knee forward
5-6 Step left long step back, drag right foot towards left, step right next to left (push forward with arms)
7-8 Step left foot to the left, sway weight over to left foot recover weight back to right foot (raise right arm and let it follow in the sway)

SIDE BEHIND & HEEL, TOUCH, SIDE BEHIND & HEEL, TOGETHER

- 1 Step left to left side
2&3 Step right behind left, step left to left side, touch right heel to right side (angle body to the right)
4 Touch right foot next to left (bow body slightly forward, down)
5 Step right to right side
6&7 Step left behind right, step right to right side, touch left heel to left side (angle body to the left)
8 Step left foot next to right (bow body slightly forward, down)

Restart here during 2nd and 6th wall

RIGHT WITH ¼ TURN, LEFT WITH ¼ TURN RIGHT WITH DIP, ROLL RIGHT KNEE, ROLL LEFT KNEE

- 1-2 Step right to right side, slide left next to right turn ¼ to right
3-4 Step left to left side, slide right next to left turn ¼ to right
5-6 Step right to right side, turn upper body to the left dip down hold hands up in front of you with palms down, step left next to right and turn upper body back
7-8 Roll right knee out, roll left knee out (follow knee movement with your hands)

SAILOR, BEHIND UNWIND ¾, KICK AND SWIVEL OUT IN OUT, HOLD

- 1&2 Step right behind left, left next to right, step left slightly forward
3-4 Step left foot behind right, unwind ¾ to the left
5&6 Kick right foot diagonally forward, step down on right foot, swivel heels right (arms: left hand hold your right elbow, your right hand hold your cheek)
&7-8 Swivel heels left, right, hold (raise right fist up during hold, lower arm during first counts of next wall)

REPEAT

RESTART

During 2nd (facing your 9:00 wall) and 5th (facing 12:00 wall) wall, restart after 16 counts

TAG

There is a 16 count tag at the end of 9th (facing 6:00) wall, just wave your right arm for sixteen counts