

Uncomplicated

拍數: 32 牆數: 2 級數: Improver
編舞者: Vicky Lock
音樂: Pure And Simple - Hear'Say



LEFT TOE STRUT ¼ TURN TO LEFT, RIGHT TOE STRUT, RIGHT CROSS CHASSE, RIGHT TOE STRUT CROSSING LEFT TOE STRUT, RIGHT CHASSE

- 1 Step onto left toe making a ¼ turn to left, slap left heel down
- 2 Step right toe beside left, slap heel down
- 3&4 Step left foot across right, step right to right side, step left across right
- 5 Step right toe to right side, slap right heel down
- 6 Cross left toe over right, slap heel down
- 7&8 Step right foot to right side, close left beside right, step right to right side

LEFT KICK BALL CHANGE, LEFT LOCK STEP FORWARD, SHUFFLE HALF TURN, LEFT MAMBO STEP

- 9&10 Kick left foot forward, step left beside right, step right beside left
- 11&12 Step left foot forward, cross right behind left, step left forward
- 13&14 Shuffle half turn left, stepping - right, left, right
- 15&16 Step left foot back, rock onto right foot in place, step left foot forward

RIGHT SIDE STEP, RIGHT CHASSE ¼ TURN RIGHT, LEFT CHASSE ¼ TURN RIGHT, ROCK STEPS

- 17-18 Step right foot to right side, close left beside right
- 19&20 Right chasse with ¼ turn right, stepping - right, left, right
- 21&22 Left chasse with ¼ turn right, stepping - left, right, left
- 23&24 Rock right foot back, crossing behind left, rock onto left foot in place, step right forward

LEFT MAMBO FORWARD, RIGHT MAMBO BACK, JAZZ BOX ¼ TURN LEFT

- 25&26 Step left foot forward, rock onto right foot in place, step left foot beside right
- 27&28 Step right foot back, step onto left foot in place, step right foot beside left
- 29-30 Cross left foot over right, step right foot back making ¼ turn left
- 31-32 Step left foot to the left side, step right beside left

REPEAT
