

Unbreak-Able Rhumba

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jan L'Argent (UK)
音樂: Un-Break My Heart (Classic Radio Mix) - Toni Braxton



RONDÉ, RIGHT COASTER STEP, HIP BUMPS X 2

1-2-3-4 Point right toe forward and slightly across left, sweep your right foot in a wide arc around bringing it up behind your left (do not place any weight on it)
5&6 Step right back, step left beside right, step right forward
7&8 Step left foot forward at the same time push your left hip out, bump right hip to right side, bump left hip to left side

STEP, LOCK, SHUFFLE; STEP LEFT TO LEFT SIDE, STEP RIGHT BESIDE LEFT, CHASSÉ LEFT WITH CUBAN HIPS

9-10 Step right forward, lock left behind right
11&12 Shuffle forward right, left, right
13-14 Step left to left side, step right beside left
15&16 Chassé left stepping left, right, left

MODIFIED RUMBA BOX, SIDE STEP RIGHT, STEP LEFT BESIDE RIGHT, CHASSÉ RIGHT WITH CUBAN HIPS

17 Step forward right,
& Step left to left side ending with feet about hip width apart
18 Step right next to left
19 Step back left
& Step right to right side with ending with feet hip width apart
20 Step left next to right
21-22 Step right to right side, step left beside right
23&24 Chassé right, left, right

MODIFIED RUMBA BOX, ¼ TURN, FULL TURN, SHUFFLE FORWARD

25 Step forward left
& Step right to right side ending with feet hip width apart
26 Step left beside right
27 Step back right
& Step left to left side ending with feet hip width apart
28 Step right beside left
29 Make a ¼ turn left, stepping onto your left foot
30 Continuing to turn left, step onto your right foot and make a full turn
31&32 Stepping onto your left foot, shuffle forward left, right, left

SYNCOPATED FULL MONTEREY TURN, HEEL SWIVELS X 2

33 Point right toe out to right side
34 Turning right, make a ½ turn and step your right beside your left
35 Point left toe out to left side
&36 Step your left next to your right and point your right toe out to the right side
37 Continuing to turn right, make a ½ turn to step your right beside your left
38 Point your left out to left side
39&40 Swivel your heels right, slightly left, ending with weight on your right

LEFT TURNING COASTER STEP, FULL TURN, SHUFFLE, SIDE MAMBO

41&42 While ½ turning left, step left back, step right beside left, step left forward

43-44 Pivot ½ turn left stepping back onto your right, pivot ½ turn left, stepping onto your left
45&46 Shuffle forward right, left, right
47&48 Rock left to left side, recover on right, step left beside right

REPEAT
