

Unbalanced

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Christopher Petre (USA)
音樂: Outa-Space - The Super Novas



The original version by Billy Preston can be used, the restart differs

KICK, BEHIND-SIDE-CROSS, TOUCH, ¼ LEFT, TRIPLE FULL TURN LEFT, AND TAP

- 1 Kick the right foot low to the right diagonal
- 2&3 Step the right foot behind the left, step the left foot to the left, cross step the right foot over the left
- 4-5 Touch left toe out to left side, turn ¼ left stepping onto left foot
- 6&7 Turn ½ left stepping back on right foot, turn ½ left stepping forward on left foot, step right foot in place next to left (facing 9:00)
- &8 Step left foot in place next to right and tap ball of right foot out to right side

REPEAT COUNTS 1-8, END FACING REAR (6:00) WALL

- 1-8 Repeat 1-8 above

TOUCH, COASTER STEP, ROCK, RECOVER, COASTER CROSS, SCUFF-TAP

- 1 Touch right toe forward
- 2&3 Step back on the right foot, step together with the left, step forward on right
- 4 Rock forward on the heel of the left foot, with toes pointed up
- For added styling kick left forward with foot turned out like kicking a soccer ball. At the same time, pop right knee forward raising up onto the ball of right foot while keeping knees and thighs together**
- 5 Recover weight back onto right foot
- 6&7 Step back on the left foot, step together with the right, step forward on left as you turn ¼ left (facing 3:00)
- &8 Scuff right foot to right and tap ball of right foot slightly out to side

PRESS & KICK, BEHIND-SIDE-CROSS, ROCK, RECOVER ¼ RIGHT, STEP, FULL TURN SPIRAL

- 1-2 Turning ¼ right to face the rear (6:00) wall rock forward on the ball of the right foot, recover weight onto the left kicking the right foot low and forward
- 3&4 Step back onto the right foot, turning ¼ left step the left foot to the left (3:00), cross step the right foot over the left
- 5-6 Rock step left on the left foot twisting left to face front (12:00) wall, untwist and turn ¼ right as you shift weight onto right foot to face the rear (6:00) wall
- 7-8 Step forward on left foot, turn one full turn right while on the ball of the left foot, raising right knee with right ankle crossed over left ankle

SHUFFLE STEP, ROCK & CROSS, SIDE TOUCHES, BACK AND FRONT TOUCHES

- 1&2 Shuffle forward right, left, right
- 3&4 Rock step left on the left foot, recover on right foot, cross step forward with left foot
- 5&6 Touch right toe out to right side, step right next to left, touch left toe out to left side
- &7&8& Step left foot next to right as you turn ¼ left to face 3:00 wall, touch right toe back, step right next to left and toe left heel forward, step left next to right

REPEAT

RESTART

On the 5th wall (2nd time starting at the front wall) do the first 8 counts of the dance to face the front wall and then restart. You will simply be doing the first 8 count three times in a row

FINALE

On the 10th wall (4th time starting at the front wall including the restart) you will be facing the 3:00 at the end of the phrase, there will be two beats to the end of the music, do the following:

1-2 Scuff the right forward turning $\frac{1}{4}$ left to front wall, present the right heel
