

Una Noche Mas (Waiting For Tonight)

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Dennis Korby & Rita Korby
音樂: Una Noche Más - Jennifer Lopez



KICKS & TRIPLE STEPS

- 1-2 Kick right foot forward and to the side
- 3&4 Triple in place (right, left, right) (option: sailor shuffle)
- 5-6 Kick left foot forward and to the side
- 7&8 Triple in place (left, right, left) (option: sailor shuffle)

SHUFFLES & ROCK STEPS

- 9&10 Right shuffle forward (right, left, right)
- 11-12 Step forward on left, rock back on right
- 13&14 Left shuffle backwards (left, right, left)
- 15-16 Step back on right, rock forward on left

SIDE PUSHES

- 17&18 Step right to the side & pushing off with that foot step back together
- 19&20 Repeat on left
- 21&22 Repeat on right
- 23&24 Repeat on left

KICK BALL CROSSES, ¼ SIDE SHUFFLE, ½ PIVOT

- 25&26 Kick right out, step down on ball of right foot while crossing over with left foot
- 27&28 Repeat
- 29&30 Making a ¼ turn right shuffle right, left, right
- 31-32 Step forward on left, pivot ½ turn right
- 33-40 Repeat last 8 counts starting with the left

RUNNING MAN FORWARD AND BACK

- 41&42& Step forward right, slide right back, step forward left, slide left back
- 43&44& Repeat
- 45&46& Step back on right, slide, step back on left, slide
- 47&48& Repeat (these last 4 steps are more like skipping back)

WALK, WALK, COASTER STEP, ANGLE STEPS

- 49-50 Walk forward right, step together left
- 51&52 Step back on right, step together left and quickly step forward on right
- 53-54 Push off with left turning slightly to 2:00 step down on left
- 55-56 Push off with right turning slightly to 12:00 step down on right

HIP BUMPS (SWAYS)

- 57-60 Stepping slightly left bump hips left, right, left twice
- 61-64 Bump hips right, left right twice.

HIP BUMPS (SWAYS) & ½ TURN

- 65-68 Bump hips left, right, left twice
- 69-72 With weight on left push off with right foot 4 times making a ½ turn left

REPEAT

