

Uc Me Icu

拍數: 48 牆數: 4 級數: Improver waltz
編舞者: Ros Brander-Stephenson (UK)
音樂: You Keep Me Hangin' On - Reba McEntire



RIGHT HEEL HOOK, RIGHT SHUFFLE FORWARD, TURNING LEFT SHUFFLE, BACKWARDS, JUMP BACK, HOLD

1-2 Place right heel to floor, hook in front of left shin
3&4 Forward shuffle on right-left-right
5&6 While turning $\frac{1}{2}$ turn right, shuffle back on left-right-left
&7 Jump right foot back and out to right side, jump left foot back and out to left side
8 Hold

PRISSY WALK FORWARD ON RIGHT-LEFT-RIGHT, TOUCH LEFT, LEFT & RIGHT SAILORS

9-12 Walk forward right left right, touch left next to right
13&14 Cross left behind right, step right to right side, step left in place
15&16 Cross right behind left, step left to left side, step right in place

CROSS LEFT BEHIND RIGHT X3, TOUCH RIGHT FRONT, SIDE, $\frac{1}{2}$ TURN RIGHT, TRIPLE STEP RIGHT-LEFT-RIGHT

&17 Cross left behind right, step right to right side
&18 Cross left behind right, step right to right side
&19 Cross left behind right, step right to right side
&20 Step left next to right
21-22 Touch right toe forward, then to right side
23&24 Turn $\frac{1}{2}$ turn to right, while doing a triple step on right-left-right as you turn

HIP BUMPS, ROCK FORWARD MAKING $\frac{3}{4}$ TURN LEFT, TRIPLE STEP IN PLACE

25&26 Step left foot slightly forward and bump hips left-right-left
27&28 Step right foot slightly forward and bump hips right-left-right
29-30 Rock forward on left, recover back on right
31&32 While turning $\frac{3}{4}$ to left, do a triple on left-right-left

RIGHT & LEFT CHASSE WITH HEEL TAPS

33&34 Step right to right side, close left beside right, step right to right side
35-36 Tap left heel out front twice
37&38 Step left to left side, close right beside left, step left to left side
39-40 Tap right heel out front twice

JUMPS, HOLD, SHIMMY, $\frac{1}{2}$ TURN RIGHT

&41-42 Jump right foot to right side, touch left next to right and hold
&43-44 Jump left foot to left side, touch right next to left and hold
45-46 Step right out to right side and shake shoulders
47-48 As you step left next to right make $\frac{1}{2}$ turn right and clap hands twice

REPEAT