

# Ub Girl

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Nosmo King (UK)  
音樂: Homely Girl - UB40



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## MAMBO FORWARD, MAMBO BACK, ROCK & TURN, COASTER STEP

1&2      Step forward on right, step on left, step back on right  
3&4      Step back on left, step on right, step forward on left  
5&6      Rock right to right side, rock on left, step on right making  $\frac{1}{4}$  turn right  
7&8      Step back on left, step together on right, step forward on left

## ROCK & TURN, COASTER STEP, ROCK & CROSS, STEP CROSS STEP

1&2      Rock right to right side, rock on left, step on right making  $\frac{1}{4}$  turn right  
3&4      Step back on left, step together on right, step forward on left  
5&6      Rock right to right side, rock on left, cross right over left  
7&8      Step left to left side, cross right over left, step left to left side

## COASTER STEP, STEP PIVOTS, COASTER STEP

1&2      Step back on right, step together on left, step forward on right  
3-4      Step forward on left, pivot  $\frac{1}{2}$  turn to right on right  
5-6      Step forward on left, pivot  $\frac{1}{4}$  turn to right on right  
7&8      Step back on left, step together on right, step forward on left

## BACK ROCK KICK, CROSS BACK CROSS, COASTER STEP, HIP BUMPS

1&2      Rock back on left, step on right, kick left forward sweeping to...  
3&4      Cross left over right, step back on right, cross left over right  
5&6      Step back on right, step together on left, step forward on right  
7&8      Bump hips to left, bump hips to right, bump hips to left

**End with weight on left foot**

**REPEAT**

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