

U Talking To Me?

拍數: 64 牆數: 4 級數: Intermediate
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音樂: U Talking To Me - Disco Montego



- 1&2&3-4 Rock right 45 degrees across in front of left, recover weight to left, rock right back 45 degrees right, recover weight to left, cross right over left, unwind ½ turn left. (weight finish on right)
- 5&6&7-8 Rock left 45 degrees across in front of right, recover weight to right, rock left back 45 degrees left, recover weight to right, cross left over right, unwind ½ turn right (weight finish on right)
- 1&2-3&4
5&6-7&8&& Shuffle forward left, right, left, step right slightly forward, twist heels to right then center
Step right next to left, twist heels out then center (heel split) place left heel forward, brush up against right, place left heel forward, place left next to right
- 1-2-3&4
5&6-7&8 Twist both heels out, twist both toes out, jump feet together, push hips out then center
Cross right over left, rock left to left, recover to right, cross left over right rock right to right, recover weight to left
- 1-2-3&4&
5-6-7&8 Walk forward right, left, cross right over left, step left to left side, step right behind left to left side
Rock forward on right, rock back on left, and make a full turn triple (right) stepping right-left-right
- &1-2-3&4
5-6-7&8 Step left next to right, rock right to right side, recover weight to left, step right behind left, step left forward making a ¼ turn left, step right forward
Rock forward on left, recover weight to right (left coaster step)
- 1&2&3&4
5&6-7&8 Tap right next to left, tap right to right side, pivot ¼ turn right on balls of both feet, step back on right, place left heel forward, step forward on left, hitch right
Rock right to right side, recover weight to left, cross right over left, rock left to left side, recover weight to right, hitch left
- 1&2&3&4
5-6-7&8 Rock back on left, recover weight to right, rock forward left, recover weight to right, step left back, hop back on left twice
Step right to right side, kick left to left as you turn ¼ turn, left coaster step
- 1&2-3&4
&5&6&7&8 Side shuffle right right-left-right, make a ½ turn left as you side shuffle left-right-left
Step right to right side, step left to left side, step right to center, step left to center, step right to right side, step left to left side, step right to center, step left to center

REPEAT

TAG 1

Done at the end of wall one

- 1&2&3-4 Rock right 45 degrees across in front of left, recover weight to left, rock right back 45 degrees right, recover weight to left, cross right over left, unwind ½ turn left (weight on left) do a right sailor then a left sailor
- 5-8 Repeat last 4 counts

TAG 2

Done on the end of wall 3

- 1-8 The tag is just the first 8 counts of dance

TAG 3

Done at end of wall 5

1&2&3-4 Tap right to right side, step right next to left, tap left to left side, step left next to right, tap right to right side, hitch right
