

# U Do

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Peter Fry (AUS)  
音樂: When I Find It, I'll Know It - BlackHawk



- 1&2      Kick left forward, bring left beside right, touch right to right side  
3&4      Kick right forward, bring right beside left, touch left to left side  
5-6      Step forward left, pivot ½ turn right transferring weight to right  
7&8      Shuffle forward left-right-left
- 1&2      Kick right forward, bring right beside left, touch left to left side  
3&4      Kick left forward, bring left beside right, touch right to right side  
5-6      Rock forward on right, rock back on left  
7&8      Turning ¼ turn step right-left-right (triple step)
- 1-2      Rock forward on left, rock back on right  
3&4      Turn ½ left & shuffle forward left-right-left  
5&6      Hook right foot behind left knee, jump back onto right & touch left heel forward at 45 degrees left  
&7-8      Bring left beside right, step forward on right, step left beside right
- 1&2      Shuffle back right-left-right  
3-4      Touch left toe behind right heel, pivot ½ turn left (weight on left)  
&5-6      Step forward on right while turning ½ left, touch left toe behind right heel & pivot ½ turn left  
7&8      Touch right heel across in front of left, slide right heel to right side, cross/step left over right
- 1-2      Step right to right side, pivot ¾ left on right & step forward on left  
3&4      Shuffle forward right-left-right  
5-6      Step forward on left, pivot ½ right transferring weight to right  
7-8      Step forward on left, hold
- 1&2      Shuffle forward right-left-right with a ½ turn left  
3&4      Shuffle back left-right-left with a ½ turn left  
5-8      Monterey turn; touch right to right side, turning ½ right, bring right beside left, touch left to left side, bring left beside right
- 1&2      Kick right across left at 45 degrees left, step right to right side & quickly replace weight onto left  
3&4      Sailor step: cross right behind left, step left to left side & quickly step right to right side  
5&6      Kick left across right at 45 degrees right, step left to left side & quickly replace weight onto right  
7&8      Sailor step: cross left behind right, step right to right side & quickly step left to left side
- 1-2      Step forward on right, pivot ½ turn left & touch left heel forward (while raising hand to shoulder height & click fingers)  
&3-4      Bring left beside right, step forward right-left  
**5&6 Scuff right beside left stepping right to right side, step left in place feet should be shoulder width apart**  
7-8      Rock hips left-right

REPEAT

## **TAG**

### **At end of 2nd wall**

- 1-2 Two hip bumps left
  - 3-4 Two hip bumps right
  - 5-6 Roll hips left-right
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