

Typical

拍數: 32 牆數: 4 級數: Improver
編舞者: Karen Hedges (USA)
音樂: Typical American Boy - The Amazing Rhythm Aces



ROCK, RECOVER, TRIPLE, STEP ¼ TURN, CROSS AND CROSS

1-2 Rock back right, recover left
3&4 Step forward right, bring left to meet right, step forward right
5-6 Step forward left, ¼ turn right step forward right
7&8 Cross left over right, bring right to meet left, cross left over right

STEP, TURN, TRIPLE, STEP, ½ TURN, HEEL SWITCHES

9-10 Step forward right making ½ turn left
11&12 Step forward left, bring right to meet, step forward left
13-14 Step forward right, ½ turn left step left
15& Touch right heel forward, return to center
16& Touch left heel forward, return to center

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER STEP

17-18 Step forward right, recover left
19&20 Step back right, bring left to meet, step forward right
21-22 Step forward left, recover right
23&24 Step back left, bring right to meet, step forward left

HEEL TAPS, PUSH TURN

25-26 Step right forward, tap right heel twice
27-28 Tap right heel forward, step right in place
&29 Step forward left ¼ turn right, step right in place
&30 Step forward left ½ turn right, step right in place
&31 Step forward left ¼ turn right, step right in place
32 Step left next to right

On counts 29-32, raise hands in the air, palms out, fingers spread, wiggle fingers as you paddle around

REPEAT
