Tyco (Hot In Herre)

級數: Intermediate

編舞者: Jo Everhart (USA)

拍數: 32

音樂: Hot In Herre - Nelly

ROCK, STEP, TOUCH, SWEEP(1/2 TURN), TOUCH

1&2 Rock forward on right foot, recover weight back on left, touch right toe next to left foot
3-4 Sweep right foot to the right starting from center and moving out to right and around toward back-turning ½ wall over right shoulder, touch right toe next to left foot

STEP, STEP, HIP BUMP, HIP BUMP, HOLD

- &5-6 Step back on right foot, step back on left foot (shoulder width apart), bump hips to right
- &7-8 Bring hips back to center position, bump hips to right again-this time lower (on beats 6&7 hips should form a c), hold for one count

STEP, BRUSH, TOUCH, HIP BUMP WITH TURN, HIP BUMP WITH TURN

- 9&10 Step forward on left foot, brush right foot forward, touch right toe in front of left foot
- 11-12Bump heels & hips to the right as you turn ¼ wall left, bump heels & hips to the right as you
turn ¼ wall to the left (weight. On right foot)

STEP, TOUCH, HIP BUMP WITH TURN, HIP BUMP WITH TURN

- &13-14 Step forward on left foot, touch right toe in front of left foot, bump heels & hips to the right as you turn 1/8 wall to left
- 15-16 Bump heels & hips to the right as you turn 1/8 wall to left (weight. On right foot), hold for one count

BALL-CROSS, KICK, SHUFFLE(LEFT, RIGHT, LEFT)

- &17-18 Step on ball of left foot, cross right foot over left, kick left foot toward left front corner
- 19&20 Step left foot to left, step right foot next to left foot, step left foot to left

TOUCH, STEP, TOUCH, STEP, TOUCH STEP, TOGETHER, STEP

- &21&22 Touch right toe next to left foot, step right foot to right (turning to right front corner), touch left toe next to right foot, step left foot to left (turning to left front corner)
- &23&24 Touch right toe next to left foot, step right foot to right (turning to right front corner), step left foot next to right foot, step right foot to right

HITCH, BALL STEP, KICK, STEP, TOUCH

- 25&26 Hitch left knee up as you scoot back on right foot (facing new wall), step on ball of left foot, step forward on right foot
- 27&28 Kick left foot forward, step on left foot, touch right toe behind left foot

TOUCH, TOUCH, UNWIND, HOLD

- 29-30 Touch right toe out to right side, touch right toe behind left foot
- 31-32 Unwind to the right over right shoulder ½ wall (keeping weight on left foot), hold for one count

REPEAT





牆數:4