The Two-Step Dance (P)



拍數: 64 牆數: 2 級數: Improver

編舞者: Barry Durand (USA)

音樂: Hey Good Lookin' - Prentiss Varnon



Position: Don't start the dance facing front. Start by turning the dance 1/4 turn to the right so that it works facing wall 4 then wall 2.

MAN'S 2-STEP BASIC

1/4 TURNING JAZZ BOX TWICE

QQSS Cross the left foot over right, step back on right, step side left turning ¼ left, step forward right QQSS Cross left over right, step back on right, step side left turning a ¼ left, step forward right with

a ½ turn to your left like a pivot turn

This last step is kind of hard. It means "like a pivot turn" so you step forward on right but prepare to go back the way you came from and turn ½ turn back that way

TURNING BASIC AND STATIONARY PIVOT

QQ Turn full turn to the left on left, right

SS Walk forward on left, right

QQ Step forward on left with stationary pivot to right ½ turn and step on right

SS Walk forward on left, right

SYNCOPATED LOCK STEP, STOMP, SCUFF

QQ Step forward on left, step right locked behind left QQ Step forward on left, step right locked behind left

SS Stomp forward left, scuff with right

LADY'S 2-STEP BASIC

1/4 TURNING JAZZ BOX TWICE

QQSS Cross the right foot over left, step back on left, step side right turning ¼ right, step forward left QQSS Cross right over left, step back on left, step side right turning ¼ right, step forward left but on

that left step turn ½ turn to your right like a pivot turn

This is kind of hard. It means "like a pivot turn" so you step forward on left but prepare to go back the way you came from and turn ½ turn back that way

TURNING BASIC AND STATIONARY PIVOT

QQ Turn full turn to the right on right, left

SS Walk forward right, left

QQ Step forward right with stationary pivot to left ½ turn and step on left

SS Walk forward on right, left

SYNCOPATED LOCK STEP, STOMP, SCUFF

QQ Step forward on right, step left locked behind right QQ Step forward on right, step left locked behind right

SS Stomp forward right, scuff with left

REPEAT