

Two Time Trick

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Trick Me - Kelis



Cross, Point, Full Turn Right, Step, Point, Walk x 2, 1/2 Turn Right, Touch

- 1-2 1) Step Left foot forward and across Right foot; 2) Point Right toe to Right side.
3 Rotate in place on ball of Left foot 1 full turn clock-wise bringing Right foot up and next to inner Left knee.
&4 &) Step Right foot next to Left foot; 4) Point Left toe to Left side.
5-6 Walk forward Left, Right.
7&8 7) Make 1/4 turn Right stepping side Left with Left foot; &) Make 1/4 turn Right stepping back on Right foot; 8) Touch Left toe next to Right foot (facing 6 O'Clock)

Turn, Turn, Side Chasses, Twist, Step 1/4 Turn Right, 3/4 turn Right, Touch

- 1-2 Rolling toward 6 O'Clock 1) Make 1/4 turn Left stepping with Left foot; 2) Still rolling make 1/2 turn Left stepping with Right foot (facing 9 O'clock)
3&4 Triple side Left (L R L)
5 5) Torque (twist) upper body gently to Left while pointing Right toe to Right and bending Left knee slightly.
6-7&8 Like a turning vine 6) Release torque and make 1/4 turn Right stepping forward on Right foot; 7) Make 1/4 turn Right stepping Left next to Right; &) Make 1/2 turn right stepping side Right with Right foot; 8) Point Left toe to Left side.

Make 3/4 turn Left, Coaster Turn 1/4 Left, Step, Back Rock, Side Rock, Kick Back

- 1-2 1) Make 1/4 turn Left stepping forward on Left foot; 2) Make 1/2 turn Left stepping back on right.
3&4 3) Step back on Left foot; &) Step Right foot next to Left foot; 4) While rotating 1/4 turn Left on ball of Right foot, Step Left foot across and in front of Right foot.
5 Step Right foot to Right Side.
6& 6) Rock Left foot back and behind Right foot; &) Recover to Right foot.
7& 7) Rock Left foot to Left side; &) Recover to Right.
8 Step Left foot next to Right foot while kicking Right foot back and at an angle to your Right. (facing 7 O'Clock)

Walk Forward x 2, Step, Turn, Step, Walk Back x 2, Back Coaster

- 1-2 Walk forward (R L) to 7 O'Clock.
3-4 3) Pivot 5/8 turn Right to face 3 O'Clock (weight on right); 4) Make 1/2 turn Right on Right foot bringing Left foot next to Right foot taking weight on Left. (facing 9 O'Clock)
5-6 Take two small steps back (R L).
7&8 Coaster step (R L R)

Begin Again.