

200*4 Play

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: 4 Play - Blue



STEP ¼ TURN STEP FORWARD, ROCK AND CROSS, TOUCH & HIP BUMPS, CHASSE LEFT

1&2 Step forward onto right foot pivot half turn left, step forward onto right foot
3&4 Rock left foot out to left side, recover onto right foot, cross left foot over right
5&6 Touch right toe to right side and bump hips twice to the right
7&8 Step left to left side, close right next to left, step left to left side

ROCK & STEP, BEHIND AND IN FRONT, TOUCH & TOUCH ¼ TURN AND LOOK

1&2 Rock back onto right foot, recover onto left, step right to right side
3&4 Step left behind right, step right to right side, step left over right
5&6 Point right-to-right side, step left next to right, point left to left side
7-8 While left to is pointed to left turn ¼ turn left, and look sharply to the right

LEFT LOCK STEP FORWARD, RIGHT MAMBO STEP, LEFT SAILOR RIGHT SAILOR TRAVELING BACK

1&2 Step left foot forward, lock right behind left, step left foot forward
3&4 Rock forward onto right foot, recover onto left, step back onto right foot
5&6 Step left behind right, step right foot to right side, step left-to-left side
7&8 Step right behind left, step left-to-left side, step right to right side

STEP ½ TURN STEP FORWARD TWICE, ROCK & TOUCH, JUMP OUT OUT, BUMP TWICE

1&2 Step forward onto left foot, pivot ½ turn right, step forward onto left
3&4 Step forward onto right foot, pivot ½ turn left, step forward onto right
5&6 Rock forward onto left foot, recover onto right, touch left next to right
&7 Jump back feet apart on a left and right
&8 Bump hips left twice

REPEAT
