

# Two Strong Hearts

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Jan Wyllie (AUS)  
音樂: Two Strong Hearts - John Farnham



## SIDE/ROCK RETURN & TOUCH TWICE, CROSS/ ROCK RETURN, SIDE/ SHUFFLE

1&2      Rock/step left to left, return weight sideways onto right, step left beside right  
3&4      Rock/step right to right, return weight sideways onto left, step right beside left  
5-6-7&8      Cross/rock left over right, rock weight back onto right, shuffle to left left, right, left

## CROSS/ROCK RETURN, ¼ SHUFFLE, FULL TURN, ROCK FORWARD & BACK

9-10-11&12      Cross/rock right over left, rock weight back onto left, making ¼ right shuffle forward right, left, right  
13-14      Making a full turn right step forward left, right  
15&16      Rock/step forward on left, rock back on right, step back on left

## & STEP BACK BUMP HEEL, & STEP BACK BUMP HEEL, &¼ ROCK RETURN, ½ SHUFFLE

&17-18      Step right beside left, step back on left keeping right forward, bump right heel  
&19-20      Step right beside left, step back on left keeping right forward, bump right heel  
&21-22      Step right beside left, making ¼ left rock/step forward on left, rock back on right  
23&24      Making ½ left back over left shoulder shuffle forward left, right, left

## STEP PIVOT ¼, RIGHT SAILOR, LEFT SAILOR, ¼ COASTER

25-26      Step forward on right, pivot ¼ left transferring weight to left  
27&28      Step right behind left, step left slightly left, step right slightly right (sailor)  
29&30      Step left behind right, step right slightly right, step left slightly left (sailor)  
31&32      Step right behind left, making ¼ right step left beside right, step forward on right (¼ turn coaster)

## ROCK RETURN, STEP BACK HOOK ½ TURN, SHUFFLE, ROCK RETURN

33-34      Rock/step forward on left, rock back on right  
35-36      Step back on left, hook right over left and turn ½ right on heel of left  
37&38      Shuffle forward right, left, right  
39-40      Rock/step forward on left, rock back on right

## COASTER, STEP PIVOT ½, SHUFFLE, FULL TURN

41&42      Step back on left, step right beside left, step forward on left (coaster)  
43-44      Step forward on right, pivot ½ left transferring weight to left  
45&46      Shuffle forward right, left, right  
47-48      Stepping forward left, right make a full turn right

## STEP FORWARD HOLD, ROCK BACK ¼ HOLD, HIP SWAYS, ¼ HIP SWAYS

49-50-51-52      Step forward on left, hold, rock back on right making ¼ right, hold  
53-54-55-56      Sway hips left, right, step forward on left making ¼ right swaying hips left, sway hips right

## SHUFFLE FORWARD, ¾ TURN, ROCK RETURN, ¼ COASTER CROSS

57&58      Shuffle forward left, right, left  
59-60      Making ¼ left step back on right, making a further ½ left step forward on left (3:00)  
61-62      Rock/step forward on right, rock back on left  
63&64      Making ¼ right step right to right, step left beside right, step right across left

## REPEAT

