

# Two Step Slides (P)

拍數: 128      牆數: 0      級數: Partner  
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音樂: Another Good Reason - Alan Jackson



## CROSSED TOE STRUTS TO RIGHT SIDE

1-2      Touch left toes across front of right foot, step down left heel  
3-4      Touch right toes to right, step down right heel  
5-6      Repeat 1-2  
7-8      Repeat 3-4

## STEP, SLIDE, STEP, SCUFF, STEP, SLIDE, STEP, SCUFF

1-2      Step left forward, slide right beside left foot  
3-4      Step left forward, scuff right  
5-6      Step right forward, slide left beside right foot  
7-8      Step right forward, scuff left

## CROSSED TOE STRUTS TO LEFT SIDE

1-2      Touch left toes to left side, step down left heel  
3-4      Touch right toes across front of left foot, step down right heel  
5-6      Repeat 1-2  
7-8      Repeat 3-4

## STEP, SLIDE, STEP, SCUFF, STEP, SLIDE, STEP, SCUFF

1-8      Repeat 9-16

## MAN: 4 STEPS IN PLACE - LADY: SPIN 1-½ TURN ON 4 COUNTS

1-4      **MAN:** Steps left-right-left-right in place  
          **LADY:** (1 ½ Turn to left to finish facing man in closed position) step left ¼ turn to left, step right ¼ turn to left, spin full turn to left on ball of left foot, step down left foot

During the next 12 sequences you will always do the Two Step pattern:

**STEP, SLIDE, STEP, HOLD, STEP, HOLD (SAME AS QUICK, QUICK, SLOW, SLOW)**

**MAN: BASIC TWO STEP FORWARD, LADY: BASIC TWO STEP BACK**

1-2      **MAN:** Step left forward, slide right beside left foot  
          **LADY:** Step right back, slide left beside right foot  
3-4      **MAN:** Step left forward, hold  
          **LADY:** Step right back, hold  
5-6      **MAN:** Step right forward, hold  
          **LADY:** Step left back, hold

**MAN: BASIC TWO STEP FORWARD, LADY: BASIC TWO STEP BACK**

1-6      Repeat previous 6 counts

**MAN: BASIC TWO STEP FORWARD, LADY: TWO STEP 1 ½ TURN RIGHT**

1-2      **MAN:** Step left forward, slide right beside left foot  
          **LADY:** Step right ½ turn to right, slide left ½ turn to right

**Hands: raise left hands over lady' head, changing left hands for right hands**

3-4      **MAN:** Step left forward, hold  
          **LADY:** Step right ½ turn to right, hold

**Hands: back to side-by-side position**

5-6      **MAN:** Step right forward, hold  
          **LADY:** Step left forward, hold

### **BASIC TWO STEP FORWARD**

- 1-2            **MAN:** Step left forward, slide right beside left foot  
                 **LADY:** Step right forward, slide left beside right foot
- 3-4            **MAN:** Step left forward, hold  
                 **LADY:** Step right forward, hold
- 5-6            **MAN:** Step left forward, hold  
                 **LADY:** Step right forward, hold

### **BASIC TWO STEP FORWARD**

- 1-6            Repeat previous 6 counts

### **LADY TURNS AROUND MAN KEEPING FACE LOD**

- 1-2            **MAN:** Cross left behind right foot, step right to right  
                 **LADY:** Step right forward, step left to left
- 3-4            **MAN:** Step left forward, hold  
                 **LADY:** Step right beside left foot, hold
- Hands: release right hands**
- 5-6            **MAN:** Step right behind left, hold  
                 **LADY:** Step left back, hold
- Hands: take back right hands behind man and release left hands**

- 1-2            **MAN:** Step left in place, step right in place  
                 **LADY:** Step right  $\frac{1}{4}$  turn to right, step left  $\frac{1}{4}$  turn to right
- Hands: raise right hands over lady's head**
- 3-4            **MAN:** Step left in place, hold  
                 **LADY:** Step right  $\frac{1}{2}$  turn to right, hold
- 5-6            **MAN:** Step right in place, hold  
                 **LADY:** Step left forward, hold
- Hands: back to side-by-side position**

### **BASIC TWO STEP FORWARD**

- 1-2            **MAN:** Step left forward, slide right beside left foot  
                 **LADY:** Step right forward, slide left beside right foot
- 3-4            **MAN:** Step left forward, hold  
                 **LADY:** Step right forward, hold
- 5-6            **MAN:** Step left forward, hold  
                 **LADY:** Step right forward, hold

### **BASIC TWO STEP FORWARD**

- 1-6            Repeat previous 6 counts

### **LADY TURNS AROUND MAN**

- 1-2            **MAN:** Cross left behind right foot, step right to right  
                 **LADY:** Step right  $\frac{1}{4}$  turn to left passing in front of man, step left forward
- Hands: keep hands joined**
- 3-4            **MAN:** Step left forward, hold  
                 **LADY:** Step right  $\frac{1}{4}$  turn to left, hold
- Lady is now back to LOD at man's left side**
- Hands: keep hands joined**
- 5-6            **MAN:** Step right behind left, hold  
                 **LADY:** Step left  $\frac{1}{4}$  turn to left passing behind man, hold
- Hands: keep hands joined**

### **LADY FINISH TO TURN AROUND MAN AND MAKES FULL TURN**

- 1-2            **MAN:** Step left in place, step right in place

- LADY:** Step right  $\frac{1}{4}$  turn to left, step left  $\frac{1}{2}$  turn to left  
3-4 **MAN:** Step left in place, hold  
**LADY:** Step right  $\frac{1}{2}$  to left, hold  
5-6 **MAN:** Step right in place, hold  
**LADY:** Step left forward, hold

**You're back to side-by-side position**

### **BASIC TWO STEP FORWARD**

- 1-2 **MAN:** Step left forward, slide right beside left foot  
**LADY:** Step right forward, slide left beside right foot  
3-4 **MAN:** Step left forward, hold  
**LADY:** Step right forward, hold  
5-6 **MAN:** Step left forward, hold  
**LADY:** Step right forward, hold

### **ROCK STEP, STEP TOGETHER, HOLD**

- 1-2 **MAN:** Rock forward on left, rock back on right  
**LADY:** Rock forward on right, rock back on left  
3-4 **MAN:** Step left beside right foot, hold (weight on left)  
**LADY:** Step right beside left foot, hold (transferring weight on left)

### **STEP, SLIDE, STEP SCUFF, STEP, SLIDE, STEP, STOMP**

- 1-2 Step right diagonally to right, slide left beside right foot  
3-4 Step right diagonally to right, scuff left  
5-6 Step left diagonally to left, slide right beside left foot  
7-8 Step left diagonally to left, stomp right beside left foot

### **SWIVELS, HEEL SPLIT, STOMP, STOMP**

- 1-2 Twist both heels to right, twist both heels to center  
3-4 Twist both heels to left, twist both heels to center  
5-6 Heels out, heels together  
7-8 Stomp left twice

**REPEAT**

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