

Two Step Flow

拍數: 64 牆數: 4 級數: Improver two step
編舞者: Kirsi-Marja Vinberg (FIN)
音樂: Ain't Got No Idea - Pirates of the Mississippi



STEPS BACK WITH 2 TURNS LEFT AROUND

1-4 (SS) Step right back and turn $\frac{1}{2}$ to the left, hold, step left forward and turn $\frac{1}{2}$ to the left, hold
5-6 (QQ) Step right back and turn $\frac{1}{2}$ to the left, step left forward and turn $\frac{1}{2}$ to the left
7-8 (S) Step right back, hold

COASTER STEP, 2 WALKS FORWARD

1-4 (QQS) Step left back, right together, left forward, hold
5-8 (SS) Step right forward, hold, step left forward, hold

WEAVE TO RIGHT WITH TOE STRUTS

1-4 (QQQQ) Right toe to side, drop the left heel down, step left toe across right, drop the left heel down
5-8 (QQS) Step right to side, left across right, step right to side, hold

CROSS ROCKS TWICE, SAILOR STEP TURNING $\frac{1}{4}$ LEFT

1-4 (QQQQ) Step left across right, right in place, step left across right, right in place
5-8 (QQS) Step left behind right, step right to the side turning $\frac{1}{4}$ left, left in place, hold

JAZZ BOX WITH $\frac{1}{4}$ TURN RIGHT AND WEAWE

1-4 (SS) Step right across left, hold, step left back, hold
5-8 (QQS) Turn with the left foot $\frac{1}{4}$ turn right and step right to the side, step left across right, step right to side

JAZZ BOX WITH $\frac{1}{4}$ TURN LEFT AND WEAWE

1-4 (SS) Step left across right, hold, step right back, hold
5-8 (QQS) Turn with the right foot $\frac{1}{4}$ left and step left to side, step right across left, step left to side

RUMBA BOX

1-4 (QQS) Step right to side, step left together, step right forward, hold
5-8 (QQS) Step left to side, right together, left back, hold

MAMBO STEP, STEPS FORWARD

1-4 (QQS) Step right back, step left in place, step right forward, hold
5-8 (QQS) Step left forward, step right forward, step left forward, hold and touch right together

REPEAT