

# 2 Smooth 2 Move

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: William Sevone (UK)  
音樂: Back With a Heart - Olivia Newton-John



Dedicated to Gary, the original 'too smooth to move' who lives near Bridgetown in W.A.  
Dance starts with feet slightly apart (with weight on left foot)

## RIGHT TOE IN, RIGHT HEEL IN, 3X BACK TOE STRUTS

1-2            Touch right toe to left instep, touch right heel to left instep  
3-4            Step right toe back, place right heel to floor  
5-6            Step left toe back, place left heel to floor  
7-8            Step right toe back, place right heel to floor

## LEFT TOE IN, LEFT HEEL IN, 3X BACK TOE STRUTS

9-10          Touch left toe to right instep, touch left heel to right instep  
11-12        Step left toe back, place left heel to floor  
13-14        Step right toe back, place right heel to floor  
15-16        Step left toe back, place left heel to floor

## ¼ LEFT, STEP FORWARD, 2X TOUCH-STEP FORWARD, TOUCH, CROSS, UNWIND ½ LEFT

17            Turn ¼ left & step forward onto right foot  
18-19        Touch left toe to side, step left foot in front of right  
20-21        Touch right toe to side, step right foot in front of left  
22            Touch left toe to side  
23-24        Cross/step left foot behind right, unwind ½ left

## CROSS, UNWIND ½ LEFT, HITCH, 5X KNEE POP'S

25-26        Cross/step right foot in front left, unwind ½ left  
27-28        Hitch left knee across right leg, returning left foot to place - 'pop' right knee to left  
29-30        Straighten right leg - 'popping' left knee to right, straighten left leg - 'popping' right knee to left,  
31-32        Straighten right leg - 'popping' left knee to right, straighten left leg - 'popping' right knee to left,

## REPEAT

### Choreographers variation option:

5-8            Full turn to the left  
13-16        Full turn to the right