

# Two Left Feet

拍數: 24      牆數: 4      級數: Improver dance  
編舞者: Lavinia Shann (UK) & Mick Shann (UK)  
音樂: Two Left Feet - The Holloways



## ROLLING GRAPEVINES WITH CLAPS (ALTERNATIVE: LEAVE OUT TURNS)

- 1-4      Step right to right side with  $\frac{1}{4}$  turn right, step left to left side with  $\frac{1}{4}$  turn right, step right to right side with  $\frac{1}{2}$  turn right, touch left next to right & clap
- 5-8      Step left to left side with  $\frac{1}{4}$  turn left, step right to right side with  $\frac{1}{4}$  turn left, step left to left side with  $\frac{1}{2}$  turn left, touch right next to left & clap

## WALKS BACK, HEEL SWITCHES WITH $\frac{1}{4}$ TURN RIGHT & CLAP

- 1-2      Walk back right, left
- 3-4      Walk back right, left
- 5&6      Turning qtr right. Tap right heel in front, switch right next to left
- &7-8      Tap left heel in front, switch left next to right, tap right heel in front, during heel switches, hold & clap

## HIP BUMPS & HIP GRIND WITH ATTITUDE

- 1-2      Bump right hips forward twice
- 3-4      Bump left hips backward twice
- 5-8      Hip grinds or bumps (whatever takes your fancy over 4 counts)

## REPEAT

## TAG

If using The Holloways track pose and stare during silent 4 counts of track instead of Hip Grinds. Do Two Point Crosses and Restart the dance at the beginning

## CROSS POINTS X 4

- 1-2      Cross right over left, point left to left side
- 3-4      Cross left over right, point right to right side
- 5-8      Repeat 1-4