

2 Hearts

拍數: 64 牆數: 4 級數: Improver
編舞者: Peter Metelnick (UK)
音樂: Two Hearts - Phil Collins



VINE LEFT 4, LEFT SIDE ROCK & RECOVER WITH ¼ RIGHT, HOLD

1-4 Step left to left side, cross step right behind left, step left to left side, cross step right over left
5-8 Rock left to left side, turning ¼ right recover weight on right, step left forward, hold

½ LEFT & RIGHT STRUT BACK, ½ LEFT & LEFT STRUT FORWARD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, HOLD

1-4 Turning ½ left step touch right toes back, step right heel down, turning ½ left touch left toes forward, step left heel down
5-8 Step right forward, pivot ½ left, step right slightly forward, hold

LEFT SCISSOR STEP, HOLD, RIGHT BOX BACK, HOLD

1-4 Step left to left side, step right together, cross step left over right, hold
5-8 Step right to right side, step left together, step right back, hold

LEFT BOX FORWARD, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, HOLD

1-4 Step left to left side, step right together, step left forward, hold
5-8 Step right forward, pivot ½ left, step right forward, hold

FORWARD & BACK STEP TOUCHES, LEFT ROCK BACK & RECOVER, LEFT FORWARD, SCUFF RIGHT FORWARD

1-4 On left diagonal step left forward, touch right together, step right back, touch left together
5-8 Rock left back, recover weight on right, step left forward, scuff right forward

¼ LEFT & RIGHT & LEFT SIDE TOUCHES, RIGHT ROCK BACK & RECOVER, RIGHT FORWARD, HOLD

1-4 Turning ¼ left step right to right side, touch left together, step left to left side, touch right together
5-8 Rock right back, recover weight on left, step right forward, scuff left forward

LEFT FORWARD LOCK STEP, HOLD, RIGHT FORWARD, ½ LEFT PIVOT, RIGHT FORWARD, HOLD

1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Step right forward, pivot ½ left, step right forward, hold

LEFT FORWARD LOCK STEP, HOLD, RIGHT FORWARD, ½ LEFT PIVOT TURN, TURNING ¼ LEFT STEP RIGHT TO RIGHT, HITCH LEFT KNEE

1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Step right forward, pivot ½ left, turning ¼ left step right to right side, hitch left knee

REPEAT

TAG

Following the 4th wall of the dance

1-4 Step left to left, step right together, step left forward, hold
5-8 Step right to right, step left together, step right back, hold