

2-4-U

拍數: 112 牆數: 4 級數:
編舞者: Cindy Truelove (AUS)
音樂: All She Wants to Do Is Dance - Don Henley



Start with right toe touched behind left-facing back wall

TURN SHUFFLE, KICK BALL CHANGE, SYNCOPATED TOUCHES

1-2 Unwind ½ turn right ending with weight on left, kick right forward
3&4 Shuffle forward stepping right-left-right
5&6 Kick left forward, quickly step ball of left to left side, step on right in place
&7 Quickly step left to center, point/ touch right to right side
&8 Quickly step right to center, point/touch left to left side

¼ TURN, SHUFFLE, SCOOT & HEEL TAPS

9&10 Turn ¼ left shuffle forward stepping left-right-left
11&12 Scuff right forward, lift right knee scooting forward on right, step forward on right (knees bent)
13-15 With knees bent & right hand on right thigh -tap right heel on floor 4 times
16 Lift right and turn ¼ right (facing front)

RIGHT SHUFFLES, COASTER STEP & PIVOT TURNS

17&18 Step right to side, slide left beside right, step right to side
19&20 Step left back, step right back beside left, step left forward
21-22 Step right forward, turn ½ left (weight on left)
23-24 Step right forward, turn ½ left keeping weight on right and kick left forward

LEFT SHUFFLES, COASTER STEP & PIVOT TURNS

25&26 Step left to side, slide right beside left, step left to side
27&28 Step right back, step left back beside right, step right forward
29-30 Step left forward, turn ½ right (weight on right)
31-32 Step left forward, turn ½ right keeping weight on left and kick right forward

RIGHT STEP LOCK, SHUFFLE, PIVOT TURN, COASTER STEP

33-34 Step right forward at 45 degrees, slide/lock left behind
35&36 Shuffle forward at 45 degrees, stepping right-left-right
37-38 Step left forward, turn ½ right (facing corner)
39&40 Shuffle forward to corner, stepping left-right-left
41-42 Hook top of right foot behind left ankle, turn 3/8 right to face front pivoting on ball of left
(You will need to use body torque to turn)
43-44 Step back on right, step left back beside right, step forward on right

LEFT LOCK STEP, SHUFFLE, PIVOT TURN, COASTER STEP

45-46 Step left forward at 45 degrees, slide/lock right behind
47&48 Shuffle forward at 45 degrees, stepping left-right-left
49-50 Step right forward, turn ½ left (facing corner)
51&52 Shuffle forward to corner, stepping right-left-right
53-54 Hook top of left foot behind right ankle, turn 3/8 left to face front pivoting on ball of right
(You will need to use body torque to turn)
55-56 Step back on left, step right back beside left, step forward on left

RIGHT KICK BALL CHANGE, ¼ TURN, POINT SIDE BACK

57&58 Kick right forward, quickly step on ball of right, step on left slightly to side

59&60 Pivot on ball of left turning $\frac{1}{4}$ left, quickly step right beside left, point left forward
61-64 Slide backwards left-right-left-right-pop knee of opposite leg up as you do this

SHUFFLE, $\frac{1}{4}$ TURN, SHOULDER PUSHES

65-68 Shuffle forward stepping left-right-left, shuffle forward stepping right-left-right
69-72 Step left forward turn $\frac{1}{4}$ right, step left forward turn $\frac{1}{4}$ right

SHOULDER PUSHES, SAILOR STEPS

73 Bend knees and place hands (thumbs on top); on thighs
74-76 Rising up, push up right shoulder, then left, then right
77&78 Cross/step right behind left, step left to side, step right to center
79&80 Cross/step left behind right, step right to side, step left to center

SYNCOPATED TOE/HEEL WALKS, PIVOT TURN

81-82 Turn $\frac{1}{4}$ right to face back and place ball of right forward, drop/step on heel
&83-84 Quickly step left beside right, place ball of right forward, drop/step on heel
&85-86 Quickly step left beside right, place ball of right forward, drop/step on heel
87-88 Step left forward, turn $\frac{1}{2}$ right

$\frac{1}{4}$ TURN RIGHT, LEFT VINE, FULL TURN MONTEREY

89-91 Turn $\frac{1}{4}$ right and step left to side, cross/ step right behind, step left to side
92 Touch right beside left
93-94 Point right to side, spin on ball of left turning full turn right & step right beside left
95-96 Point left to side, step left beside right

ANGLED STEP-SLIDES RIGHT THEN LEFT

97& Step right forward at 45 degrees slide left behind so that instep is at right heel
98& Repeat step 97&
99& Repeat step 97&
100 Step right forward at 45 degrees
101& Step left forward at 45 degrees slide right behind so that instep is at left heel
102& Repeat step 102&
103& Repeat step 102&
104 Step left forward at 45 degrees

PIVOT TURN, RIGHT SHUFFLE, POINTS

105-106 Step forward on right, turn $\frac{1}{2}$ left
107&108 Shuffle forward stepping right-left-right
109-112 Step left forward, touch right beside left, touch right to side, touch right behind

REPEAT
