

2 Become 1

拍數: 32 牆數: 4 級數: Improver
編舞者: John Bishop (AUS)
音樂: 2 Become 1 - Jewel



BALL (FIRST TIME & RESTARTS SLIGHTLY BACK, OTHER TIMES ¼ LEFT), WALK, WALK, KICKBALL-CROSS, SIDE, ROCK, BEHIND-SIDE-CROSS (SAILOR SHUFFLE)

& Step onto ball of left

Start 1st wall & restarts: slightly back, 2nd wall onwards into ¼ left turn

1-2 Walk forward right, left

3&4 Kick right forward, step ball of right back, cross/step left over right

5-6 Rock/step right to side, side rock onto left (angle slightly right)

7&8 Cross/step right behind left, step left to side, cross/step right over left

QUARTER BACK, BACK, COASTER STEP, STEP, DRAG, STEP, DRAG

1-2 Step left back turning ¼ turn (¼ turn) to the right (right), step right back

3&4 Step left back, step right together, step left forward

5-6 Step right forward angling right hip forward, drag left to step together

7-8 Step right forward angling right hip forward, drag left to step together

SHUFFLE FORWARD, SHUFFLE AROUND, ROCK BACK, FORWARD, QUICK ¼ LEFT TURN, CROSS BEHIND, STEP SIDE

1&2 Shuffle forward right, left, right

3&4 Shuffle around left, right, left turning ½ turn to the right (right)

5-6 Rock/step right back, recover forward onto left

& Step (quickly) onto ball of right turning ¼ turn to the left (left)

7-8 Cross/step left behind right, step right to side

FRONT, SIDE, BEHIND, SIDE, ROCK, BEHIND, SIDE, FRONT START DANCE AGAIN TURNING ¼ LEFT (&)

1-2 Moving right: cross/step left over right, step right to side

3-5 Cross/step left behind right, rock/step right to side, recover side onto left

6-8 Moving left: cross/step right behind left, step left to side, cross/step right over left

Don't forget to start the dance turning ¼ left on the 2nd wall and all walls after that

REPEAT

RESTART

Leave off last 8 counts of dance on walls 3 (facing front) and 6 (facing front)